



2009
PUBLIC
RESOURCE
GUIDE
KENORA DISTRICT

First Edition

**Completed by: Ontario Provincial Police Constable H. A. Britton,
Kenora Detachment, Northwest Region**

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SECTION
I
COUNSELLING
SERVICES

Addiction Services Kenora (ASK)

Address: 21 Wolsley Street, Kenora, Ontario P9N 3W7 (St. Joseph Health Centre)

Phone: (807) 467-3555

Fax: (807) 467-9083

Website: ask@lwdh.on.ca

Contact Person:

Programs Manager: Marlene Mymryk

Email: mmymryk@lwdh.on.ca

1. Adult Addictions Program

Adult counselling services is a community based outpatient service that provides treatment to individuals, couples or groups experiencing problems due to the use of substances.

- Addiction assessments and referral
- Community based treatment
- Individual and group counselling
- Relapse prevention support
- Harm reduction strategies
- Support for family members or persons affected by the addictions of others
- Workshops and community presentations
- Information services to other agencies, employers, schools and medical professionals.

Who is Eligible?

Individuals 16 years of age and older who are concerned about their own alcohol or drug use or are affected by someone else's substance use.

Canadian Mental Health Association
Kenora Branch

Address: 227 First Street South, Second Floor, Kenora Ontario, P9N 1G1

Phone: (807) 468-1838

Fax: 468-6396

Web Site: www.cmhak.on.ca

Contact Person:

Executive Director: Anita Webb

Case Manager: Shannon Martin

Health Diversion Worker: Sarah Diaz

Team leader: Nancy Hendrickson

Phone: (807)468-4215

Fax: (807) 468-4215

Service Description/Programs Provided:

Provides supportive counselling, assistance with the problem solving, priority setting and other life skills, advocacy, community support, and links to other services.

- **Forensic Case Management**
Social Work Case Manager for individuals who have been in conflict with the law and the purpose is to maximize community reintegration and reduce conflict with the law for individuals with significant complexity and concurrent disordered, ABI, ARBD, mental illness, poverty, dislocation, lack of basic needs and primary support systems.
- **Mental Health Diversion/Court Support**
Provides a range of advocacy, liaison, support services to individuals with a mental health problem, or a developmental difficulty who have come into conflict with the law, the purpose is to link low risk mentally disordered offenders with treatment services in order with the goal of minimizing their involvement with the criminal justice system.
- **Forensic Psychiatry Program**
Coordinated through the Mental Health Diversion Court Support Program which provides 24 days a year of direct forensic psychiatric services to answer questions of fitness, criminal responsibility, diagnosis, risk assessment of mentally disordered offenders and provides clinical consultation to Kenora Rainy River District.
- **Assertive Community Treatment Team (ACTT)**
Provides client centered, highly individualized treatment, support and rehabilitation to individuals with severe and persistent mental illness through a team of mental health professionals. Priority population are those with SMI: schizophrenia and other psychotic disorders, bi polar disorder, concurrent substance abuse and SMI.

- **Kenora Supportive Housing**

Provides supported housing for six individuals who have severe persistent mental illness and may require a more intense level of support to remain in the community. It also provides three safe beds to be used for respite or stabilization of those individuals undergoing a mental health crisis. These beds are accessible only through referrals by a medical health provider.

Who Is Eligible?

16 years and older.0

Community Mental Health Support Services

Address: 1-Ninth Avenue South, Kenora, Ontario P9N 2H8

Fax: (807) 467-526 4

Contact Person:

Director of Community Mental Health Programs: Diane Pelletier

Phone: (807) 467-5236

Assistant Director of Community Mental Health Program: Marlene Kilfoyle

Phone: (807) 467-5255

Dual Diagnosis Program: Meaghan Puurunen

Phone: (807) 467-5257

Service Description/Programs Provided:

1. Intensive Case Management

- **Accommodation:** We provide assistance to people in finding and maintaining affordable housing.
- **Income maintenance & finances:** Intensive case management program staff provides assistance with budgeting, banking, household accounts and accessing available funding.
- **Time Management:** We support people in making and keeping appointments, being on time for work/social obligations and prompting individuals to take their medications at the times prescribed by their physicians.
- **Everyday Living:** Intensive case management support includes assistance to individuals to take their illness, medication management and education, planning a nutritional diet, grocery shopping, teaching cooking skills, using public transportation and seeking out opportunities to become a part of the neighbourhood and community.
- **Vocational/Employment:** Intensive Case Management support can assist people in exploring and maintaining employment opportunities, accessing services for resume development, improving skills and accessing training and education opportunities.

2. Dual Diagnosis Program

- Access to specialists via videoconferencing and in person consultation;
- Support for families and front line staff who work with this population;
- The development of strategies to effectively support individuals in a community setting;
- Advocacy for individuals and families to receive needed services;
- Support to access resources to improve quality of life;
- Psycho education for individuals, families, caregivers and service providers.

3. Wellness Project

- The wellness project staff organizes, supports and motivates their target group to participate in fitness programs and measure successes or failures through surveys and personal journaling.

4. Service Enhancement/Housing Subsidies

- Subsidies are provided to adults with a serious mental illness who can be appropriately supported by community based services.
- Subsidies are provided to adults who can be appropriately supported in the community and are at risk of being charged for an offence or have been charged with an offence that is considered low risk.

Who is Eligible?

- Neighbours, family members, friends or patients over the age of 18 suffering from a persistent and severe mental illness;
- People who have multiple needs and are at high risk of frequent or prolonged hospitalization;
- People with a dual diagnosis – developmental disability, acquired brain injury and a serious mental illness.

Department of Psychiatry

Address: Lake of the Woods Hospital
21 Sylvan Street West, Kenora, Ontario P9N 3W7
Phone: (807) 468-9861 Ext: 262 (outpatient) or Ext. 276 (Inpatient)
Fax: (807) 468-1428

Contact Person

Anne Sweeney

Medical Social Worker: Kevin MacCormack

Service Description/Programs Provided:

Inpatient Psychiatry

- Uses a multidisciplinary team approach with constant communication between disciplines
- Takes an individualized approach to every patient involving the individual management and discharge planning
- Provides psycho-education to patients and family members
- Provides linkages to community counselling/addictions services, case management and other specialized hospital services as deemed necessary
- 24-hour access to psychiatrists for inpatient support
- 24-hour access to emergency services through the emergency department

Outpatient Psychiatry Program:

Provides psychiatric consultations and follow-up. Psychiatric consultation is available to service providers in the mental health field.

- The optimal functioning of the persons with mental illness in the community
- Continuity of care after discharge from the facility
- Relapse prevention
- Co-operation with families and other support systems in order to take maximum advantage of available resources
- Education and consultation to care providers throughout the district
- Co-operation and liaison with community agencies

Who is Eligible?

The schedule 1 Unit serves the district of Kenora, Rainy River District and includes all of the territory from the Manitoba border east to Ignace, south to Fort Frances/Rainy River, north to Red Lake and Sioux Lookout areas and to the First Nations communities north of Sioux Lookout/Redlake. It is an acute care inpatient unit, which provides short-term inpatient assessment, stabilization, diagnosis, treatment and discharge planning for individuals age 12 and up.

Kenora Association for Community Living

Address: 501 Eighth Avenue South, Kenora Ontario, P9N 2H9

Phone: (807) 467-5236

Fax: (807) 467-5264

Website: www.kacl.ca

Contact Person:

Executive Director: James Retson

Director of Childrens Service: Kelly Williams

Director of Services for Adult Programs: Deb Everley

Service Description/Programs Provided:

K.A.C.L. offers support services for persons with developmental handicaps and serious mental illness as well as nursery and childcare. Planning with families and individuals is at the centre of our role. Our Infant Development and Child and Youth Consultants provide families with the opportunities and tools to assist in planning for the short and long term goals of their family. The child is the focus of this planning.

1. Children's Service Development

Service Description/Programs Provided

- To assist the children and youth to develop to their optimum ability and live;
- Learn and play in an inclusive community;
- Ensure that all people with special needs have the opportunity to live a meaningful and satisfying lifestyle and interact as an equal in their community
- Providing continuous opportunities for personal growth through education, training, support, advocacy and an informed public.

Who is Eligible?

The primary goal of the Children's Services is to assist children and youth and their families who are at risk of a developmental delay, or who are over 6 and have been diagnosed with a cognitive disability, to achieve their goals.

2. Infant Development

A consultant assists families with planning, problem solving and advocating for their identified needs.

Service Description/Programs Provided

The Infant Development Consultants meet with families in their homes in the Kenora area and in First Nations communities where the consultants provide:

- Information about learning, development and parenting
- Utilize screening tools to assess a child's development
- Provide recommendations based on the results of the screening
- Assist families to connect with other supports and services
- Create opportunities for families to meet others with similar concerns
- Assist families and children with the transition to school

Who is Eligible?

The Infant Development Program (IDP) is a support service for the families of infants and children from birth to 6 years of age.

3. Child and Youth

Service Description/Programs Provided

The CYP program is Home & Community Based, Family Centred, The child and youth consultants meet with families in their homes, at the office or in the school. This is done in the city of Kenora or on their First Nation community. The consultants provide services by:

- Assisting people in gaining skills which enhance their ability to make friends, including small groups and summer camp.
- Assisting with peer and parent support groups.
- Working with the education system by
- Partnering with educators.
- Providing resources and information to parents, youth and educators.
- Attending school meetings with parents and students.
- Planning for the future by
- Assisting families and individuals in determining and working towards short and long term goals.
- Helping with life's transitions such as school changes and puberty.
- Assisting in obtaining volunteer, part-time and full-time employment.
- Exploring career and job opportunities.
- Voluntary and free

Kids' Zone

Service Description/Programs Provided

Is a non-profit program of Children's Services that provides both full day and half day programs the purpose of Kids' Zone is to provide an early structured, inclusive learning situation as well as opportunities for older children to grow and develop in a safe, caring and inclusive environment.

Who is Eligible?

For children 2 to 6 years of age, as a well as a program for after school, P. D... days and summer care for children 5 to 10 years of age.

Kenora Chiefs Advisory OGMAAWABIITONG

Mental Health and Addictions Program

Address: 115 Chipman Street, Top Floor
P.O. Box 31, Kenora, Ontario P9N 3X1
Phone: (807) 467-2600
Fax: (807) 467-2656
Web Site: www.kenorachiefs.ca

Contact Person:

Program Manager: Dr. Ozzie Seunath

Program Assistant: Dennise Pemmican

Case Managers: Marta Queen, Larry Henry, Donna Indian, Charles D Copenace, Jennifer Nystrom

Service Description/Programs Provided:

The program operates within a Case Management model providing:

- Direct counseling to clients and their families
- Education on Substance Abuse & Mental Health issues
- Support and advocacy for the client
- Linking client to the appropriate professional and service agency
- Support and training to clients in the Life skills (self care, money management, care of housing).

Who is Eligible?

Participating First Nations include: Ochiichagwe'babigo'ining, Grassy Narrows, Obashkaandagaang, Wabaseemoong, Nautkamegwanning, Shoal Lake 40, Iskatewizaagegan 39, Northwest Angle 33, Northwest Angle 37 and Wauzhushk Onigum.

Mental Health : Ages 16 and Up

Addictions / Substance Abuse: Ages 12 and Up with emphasis on youth.

1. Pre-Arrest Diversion Worker: Gail Wetendorf

Service Description/Programs Provided:

- **Illness stabilization and management:** intake and needs assessments, referrals to treatment programs, psychiatric assessments, education about factors relating to mental health and addictions.
- **Life Skills development:** geared toward fostering client independence and optimizing lifestyle: money management, problem-solving, employment, nutrition, and personal care.
- **Building social and family support systems:** utilizing existing resources in the community, linking with traditional healing methods, referral to resources outside of the community as necessary, family counseling, support and parenting skills, encouraging positive modeling, and recreational activities
- **Education and advocacy:** on issues involved with legal services and criminal justice system

- Restorative Justice giving individual the opportunity to take responsibility for their behaviour, understanding the full impact of their behaviour and repairing the harm done to their victims.

Who is Eligible?

Those 12 years of age and up. The person DOES NOT have to have a criminal record to be referred. Those demonstrating signs of addiction or anti-social behaviours.

2. Gambling Program

Manager: Lucy Percy

Service Description/Programs Provided:

- To increase awareness of the personal, financial and family problems created by problem gambling.
- To provide information on all forms of gambling and identify the high risk factors.
- To provide information on all forms of gambling.

3. Social Services

Program Manager: Linda Cobiness

Family Support Worker & Eligibility Review Officer: Sonya Murray

Phone: (807) 8144 ext 235

Fax: (807) 467-2656

Service Description/Programs Provided:

The Min-O-Qwe-Ke-Ga-Bwe' in Social Services Initiative is a program unique in Ontario. Designed to deliver the Ontario Works legislation, the Initiative allows the delivery of culturally appropriate services to meet the needs of the eight participating First Nations.

4. Children's Services

Youth Development Worker: Howie Copenace

FAS/FAE & Child Nutrition Program Manager: Lois Stoll

Service Description/Programs Provided:

- **Healthy Babies, Healthy Children:**
The goal of the HBHC Program is to assist all Aboriginal families to provide the best opportunities for healthy development for children 0-6 years of age, through family home visiting, education, and coordination/access to services.
- **FAS/D**
The goals of the FAS/D Program are to prevent FAS/FAE births, and increase the knowledge, skills, and quality of life of FAS/FAE affected children, mothers, fathers, and families.

- **Aboriginal Child Nutrition**

The ACN Program assists Aboriginal families in the developing and maintaining health, and nutritious meal plans. Placing emphasis in providing parents with awareness to healthy eating habits is important in the development of children.

- Support development of culturally appropriate approaches to care and treatment, prevention and promotion, and lifestyle support programs.
- Build capacity, linkages and infrastructure for all components of ADI

Who is Eligible?

There are a number of services available to participating First Nations families and their children 0-6 years of age.

Kenora and District Medical Self Care Hostel

Address: c/o Lake of the Woods District Hospital: 21 Sylvan Street West, Kenora
Ontario, P9N 3W7

Phone: (807) 468-9861 Ext. 335 (reception)

Fax: (807) 468-3488

Service Description/Programs Provided:

This facility, located within Lake of the Woods District Hospital, provides affordable accommodations and support for individuals and families requiring access to Lake of the Woods District Hospital for medical reasons. Language interpretation and client advocacy services are also available.

Who is Eligible?

A parent or guardian whose child is receiving medical treatment. Prior to returning home from an acute care illness support/education is required for a short period of time. A patient scheduled for an early morning appointment, authorized escorts accompanying patients from distance areas or a relative giving support to a seriously ill relative.

Kenora Health Access Centre (Satellite Office) Wassay-Gezhig-Na-Nahn-Dah-We-Igamig

Address: 212 4th Avenue South, Kenora Ontario, P9N 1Y9

Phone: (807) 467-8770

Toll Free: (877) 224-2281

Fax: (807) 467-2666

Contact Person:

Executive Director: Tina Armstrong

Mental Health Case Worker: Randy White

Family Support Coordinator: Jan Hardy

HIV/AIDS Coordinator/Educator: Maria Blackhawk

Service Description/Programs Provided:

Serve the Aboriginal community through traditional and contemporary health care related to mind, body, and spirit to foster healthy Aboriginal people and communities. The Centre offers primary health care and preventative service combining traditional and western approaches to health and healing.

Services:

- Health promotion
- Preventative dental
- Community development
- Healthy lifestyle
- Minaki Nursing station: Assessment, diagnosis and treatment daily by Registered Nurse, visiting Practitioner and Nurse Practitioner
- Clinical services including assessment: diagnosis and treatment by Nurse Practitioner
- HIV/AIDS education and testing: This program provides education in community and school settings, to raise awareness and assist in prevention of this condition. Support is also available for individuals and family members living with HIV/AIDS.
- FASD and child nutrition: Two Program Consultants work to reduce the risk of FASD by promoting awareness and providing education focused on pregnant women, women of child-bearing age, and their partners. The program also works with FASD-affected individuals and their families to improve behavioural, educational, and social outcomes.
- Family Support Program and Mental Health Program: provided through workshops, presentations and education sessions on a variety of topics relating to mental health and wellness.
- Residential School “Healing Path to Wellness” Program: Thirteen community Facilitators/Support Workers are available at the community level to increase awareness of the residential schools’ impacts on survivors and their families, and promote health and wellness among residential school survivors. This is done through presentations and workshops support to individuals and families, and by facilitating access to services.

Who is Eligible?

The Centre serves all Aboriginal people in the Kenora area.

Kenora Metis Council

Address: 70 Park Street South, Kenora, Ontario, P9N 1Y6

Phone: (807) 468-2043 or 5835

Fax: (807) 468-1979

Contact Person:

President: Joel Henley

Community Wellness Coordinator: Marley Hodges

Service Description/Program Provided:

- 1. Community Wellness Worker Program:** This program is to address the physical, mental, emotional and spiritual health and well being of our Metis families by focusing on self empowerment through workshops and presentations. The workers assist clients to develop action plans to address the identified concerns

- 2. Aboriginal Healthy Babies/Healthy Children Program:** Program provides a system to identify children and families at risk. It allows them to receive culturally appropriate services through home visits, during pregnancy, newborn children to six years old. They will develop an individual action plan addressing the identified concerns and the workers will develop linkages through their communities in order to service the families to the best of their capabilities.

- 3. Long Term Care Program:** Community based
 - Transportation
 - Friendly visits
 - Security checks
 - Care giver support
 - Training/Information/Education
 - Hospice Visiting
 - Aboriginal Support Service

Who is Eligible?

People who are self identified as Metis and their extended family.

Lake of the Woods District Hospital Community Programs

Address: 21 Wolsley Street, Kenora Ontario, P9N 3W7

Phone: (807) 467-3555

Fax: (708) 468-9083

Contact Person:

Programs Manager: Marlene Mymryk

1. Challenge Club

To empower, educate and instil hope in people with serious mental illness and to help them attain the best quality of life in their community. The Day Treatment Program is a community based program funded to provide structured therapeutic groups and outreach support to persons working towards their recovery.

- Clinical services within a psychosocial rehabilitative framework in the least intrusive manner possible
- A safe supportive environment
- Psychiatric follow-up
- Psycho-educational, structured groups that address issues such as daily living skills, communication skills, socialization skills, problem solving skills, personal goals, peer support and recreation
- The Club also offers counselling support through outreach services on a one-to-one basis.

Who is Eligible?

Adults 18 years and over and persons with mental illness, i.e. schizophrenia, mood disorders

2. Community Counselling Service

Provides quality therapeutic counselling and treatment services for clients with mental health concern/illness.

- Counselling for depression, panic and anxiety; anger; stress; grief; sexual issues including sexual orientation; survivors of emotional, physical, and sexual abuse; eating disorders; separation, family and relationship issues
- Specialized groups for adults
- Information and education resources for community agencies/professionals
- Strong links to addiction services etc.
- Case Management

Who is Eligible?

Any person age 18 and over

3. Early Years Program

To improve the quality of life of women living in the Kenora area who are struggling with issues related to alcohol and /or drug use.

- Individual counselling
- Addiction assessment s referrals to residential treatment centres

- Support including transportation
- Assistance accessing resources
- Education related to substances and their use.

Who is Eligible?

Pregnant and/or parenting women with children 0-6 years of age who are concerned about their alcohol and/or drug use

Nannaandawe'iyewigamig Healing Lodge

Address: P.O. Box 320, Keewatin Ontario, P0X 1C0

Phone: (807) 543-1065

Toll Free: 1-800-656-9271

Fax: (807) 543-1126

Contact Person:

Executive Director: Tina Armstrong

Program Assistant: Tammy Chevrier-Gliddy

Service Description/Programs Provided:

The program provides a culturally based healing opportunity for youth who have grown up in a dysfunctional or violent family. The goal of the program is to break the cycle of violence and abuse perpetrated within families. The residential program will focus on youth who have grown up in such families.

Major program elements include:

- A safe and healing environment in which youth can have an opportunity to acknowledge and disclose any violence they have suffered or witnessed in their families
- Affirmation of participants' dignity and honour through a culture based training program that creates and nurtures awareness of self and of cultural traditions.
- Training in contemporary life skills to assist the participants to a healthy life pathway.

Who is Eligible?

All aboriginal people, on and off reserve in North western Ontario, Metis and non-status people, age 16 years of age and older, male/female intakes are gender specific, and admission is voluntary. Participants must be abstinent from alcohol and drugs for a minimum of seventy two hours. Referrals may be made to elders or traditional healers for further counselling. Workers also travel to outlying areas to present workshops.

Admissions are voluntary.

Native Healer Program Lake Of The Woods Hospital

Address: 21 Sylvan Street, Kenora, Ontario P9N
Phone: (807) 468-9861 Ext: 2294

Contact Person:

Manager of Aboriginal Services: Merv Copenace

Service Description/Programs Provided:

- Co-ordinate referrals for in-patients and outpatients to be treated by Healers/Elders and others familiar with traditional healing,
- Assist and educate health care professionals in their understanding of First Nations cultural norms, traditions and value.
- Assist individuals or communities in organizing healing ceremonies as required.
- Organize cultural awareness education sessions for hospital staff.
- Assist in assessments or counselling
- Interpreter Services (Ojibway, some Ojibwe)
- Social support & advocacy for patients and families
- Mediate complainant/conflict resolutions between Lake of the Woods District Hospital staff and First Nations patients.
- Visit First Nation Communities within the treaty #3 area and educate First Nation Communities what services are provided in the hospital.

Who is Eligible?

Services are available to all Aboriginals and their families

Other Ways Now

Address: 216 Matheson Street South, Kenora Ontario, P9N 3X3

Phone: (807) 468-4703

Fax: (807) 468-4154

Email: own@kmts.ca

Contact Person:

Co-ordinator: Cyndi Brinkman

Service Description/Programs Provided:

Other Ways Now provides a 16 week treatment program for male batterers and female batterers. Meetings are one evening per week for two hour durations. This program is a structured psycho-educational treatment program which focuses on Power and Control. The main thrust of the program is to have the men or women take responsibility for the abuse, understand and identify what they are feeling prior to, during, and after the violence and provide alternatives to such behaviour. The group is lead by a female facilitator and a male co-facilitator.

Who is Eligible?

Any males or females who have been assaultive toward their spouse or intimate partner whether physical, sexual, emotional, and/or psychological. Clients may be referred by the courts, social agencies or may be self-referrals.

SECTION
II
CRISIS SERVICES

Crisis Response Service

Address: P.O. Box 3003, Dryden Ontario, P8N 2Z6

Phone: (807) 223-8884

24 Hour Crisis Line: (866) 888-8988 Kenora, Rainy River District

Fax: (807) 223-8890

Contact Person:

Program Coordinator: Kyla Storry

Service Descriptors/Programs Provided:

Community Mobile Support Workers provide intensive, face to face crisis intervention services. As part of the intervention process, they may visit the individual's home, meet the individual in a neutral location or accompany the individual to hospital for further professional consultation. Mobile Workers are available in Kenora from 5:00 p.m. – 8:00 a.m. Monday to Friday and 24-hours on weekends. Mobile workers are accessed through the crisis line.

Integrated Community Stabilization Unit:

The integrated Community Stabilization Unit provides short term accommodation for men and women aged 16 and older who do not require hospitalization but whom:

- Are experiencing a mental health crisis or;
- Have a mental illness and require short term housing or;
- Require respite services due to mental illness or;
- Have concurrent disorders and need non medical support during withdrawal from alcohol and /or drugs.

Who is Eligible?

Crisis Response Services provides mental health crisis prevention and intervention, information and referrals to men and women in the Kenora Rainy River District, aged 16 and older. Individuals who are experience emotional distress or a situational disturbance that affects their ability to cope can contact Crisis Response Services 24 hours per day, seven days per week. Family members and service providers can also contact the program for information and support. Self and professional referrals are accepted for all service components.

Kenora Sexual Assault Centre

Address: 229 1st Street, Kenora Ontario, P9N 1C2

Phone: (807) 468-7958

Toll Free: 1-800-565-616

Email: rcc@voyageur.ca

24 Hour Crisis Line: 1(807) 468-7233

Website: www.kenoralsexualassaultcentre.com

Contact Person:

Community Liaison: Mercedes Alarcon

Service Description/Programs Provided:

- Provide confidential 24-hour Crisis Line Services
- Individual or group counselling and support, whether they have experienced sexual assault recently, or in the past.
- Assist with legal and medical information procedures.
- Advocacy and accompaniment throughout any and all procedures as decided upon by the victim/survivor
- Information and referrals.
- Provide information and support for families and friends of the victim/survivor.
- Education and prevention through public awareness, as well as provide resource materials, books, films, videos and reports which are all available to the public.
- Crisis Line and peer counselling skills training.
- The opportunity to network with other women centred, women operated services.
- The opportunity to consult with government and effect decisions made by government regarding issues of violence against women.

Who is Eligible?

Any survivors of violence 16 years of age or older, including family and friends. Anyone concerned about violence against women and children. Anyone who is interested in learning more about sexual violence.

Ontario Provincial Police

Address: 350 Hwy 17A, Box 1010, Kenora, Ontario P9N 3X7

Phone: (807) 548-5534

Fax: (807) 548-8381

Address: 1125 Hwy 17 East, Box 1010, Kenora, Ontario P9N 3X7

Phone (807) 467-2111

Fax: (807) 467-2077

Web Site: www.opp.ca

Contact Person:

Detachment Commander: Inspector D. Lucas

Operations Manager: Staff Sergeant B. MacKillop

Administrative Sergeant: Sergeant D. Britton

Community Service Officers: Constable D. Cain

Community Mobilization Officer: Constable H. Britton

Service Description/Programs Provided:

As an organization, the Ontario Provincial Police (OPP) commits to working continually to earn the confidence of the citizens of and visitors to Ontario—a confidence that will not be taken for granted. The OPP fulfills this commitment by providing the best and most professional service, possible, and by striving to build a culture of trust, and open and honest dialogue, with the communities it serves and among the people it employs. The organization commits to creating and sustaining a positive working environment in which all employees have equal opportunity to fulfill their potential within the profession.

Each OPP employee and volunteer appreciates the vital role he/she plays in protecting the fundamental rights of all people in Ontario. As such, each commits to always put the interests of the public and the OPP's Vision and Mission before any personal and private interests, and to demonstrate pride in his/her profession and the OPP through personal conduct that reflects a belief in OPP values and ethics.

Services Provided:

- Crime Prevention Traffic and Marine Safety Investigations
- Specialized Response Teams
- Intelligence
- Community Relations
- Drug Awareness and Investigations
- Abuse Issues
- Youth Issues
- Auxiliary Policing
- Fraud Prevention
- Seniors Assistance
- Rural & Agricultural Issues

Salvation Army

Address: 104 Matheson Street South, Kenora Ontario, P9N 1T8

Phone: (807) 468-8452

Contact Person:

Captain Debbie

Service Description/Programs Provided:

The Salvation Army is to better a person's spiritual and physical condition.

- **Emergency Response:** We have a van that will attend emergency situations to bring hot food and drinks, blankets etc. to an emergency.
After hours contact Captain Debbie's at (807) 466-8679

*Currently working on utilizing a van doing one run a night during the very cold nights serving hot soup and drinks, and supplying blankets.

- **Family Services:** Food bank opened 10:00 a.m. to 11:30 a.m. no appointment needed/walk in @ Thrift Store. Emergency assistance only available after hours.
- **Thrift Store:** Clothing Vouchers up to \$25.99 obtained by sending a letter with the person's name and number of people requiring the service on your letterhead example: John Smith & 2 children.

Who is Eligible?

Anyone in need.

Sexual Assault Treatment Programme of the Lake of the Woods District Hospital

Address: 21 Sylvan Street West, Kenora Ontario, P9N 3W7

Phone: (807) 468-9861 ext 2428

Fax: (807) 468-2148

Contact Person:

Manager: Kathleen Fitzgerald

Service Description/Programs Provided:

The sexual Assault, Partner Abuse Treatment Program includes:

Emergency care:

- You will first be seen by Health professionals at the 24-hour Emergency department of Lake of The Woods Hospital. They will call in a skilled nurse from the Program.

Your medical care may include:

- An examination and treatment for physical injuries
- Medication to prevent pregnancy
- Testing and treatment for sexually transmitted infections
- Testing for drugs that might have been used by the assailant to commit the assault
- Documenting your injuries

If you choose to involve the police:

- If you choose we will collect and preserve the evidence to give you time to make a decision.

Your emotional care may include:

- Crisis counselling
- Safety and follow up planning
- Information about sexual assault and/or domestic violence.

Follow up care:

Nursing Care: With your permission, within 24 hours of your visit to us, a registered nurse will contact you:

- Check on your emotional and physical well-being.
- Encourage you to make a follow-up appointment with your family doctor or sexual health unit.
- Discuss any concerns you may have.
- Provide any support you may need.
- Arrange for any referrals you may want.

Safe Kids

Safe Kids is a program which provides a medical evaluation for sexually victimized children and crisis counselling for the children and their families.

Service Description/Programs Provided:

- To access the expertise of health personnel trained in the area of sexual abuse/assault.
- The physical examination is as pain free and gentle as possible to identify any medical health problems requiring treatment.
- To provide information on community resources. Referral to community counselling services for children 13 and under and their families can be made.

Who is Eligible?

Anyone who has been sexually assaulted.

The Assaulted Women's Helpline

Phone: (416) 863-0511

Cell: #safe (Bell – Fido – Rogers _ Telus)

Toll Free: 1-866-863-0511

Toll Free TTY: 1-866-863-7868

Website: www.awhl.org

Service Description/ Program Provided:

The assault Women's Helpline offers a 24 hour telephone and TTY crisis line to all women who have experienced abuse. Services are anonymous and confidential.

- We provide counselling
- Crisis counselling
- Emotional support
- Safety planning

Referrals for:

- Shelters
- Rape crisis centres
- Housing options
- Legal services, general Legal information
- Counsellors/Therapists
- Support groups
- Advocacy
- Culturally appropriate services

Additional Services:

- Translation available in up to 154 languages
- Training, seminars & workshops for the non-profit and private sectors

Who is Eligible?

Anyone.

Treaty Three Police Service

Address: 222 Homestake Road, Kenora, Ontario P9N 3X7

Phone: (807) 548-5474

Fax: (807) 548-8387

Web Site: www.treatythreepolice.ca

Contact Person:

Chief of Police C. DeLaronde

Deputy Chief L. Napish

Detachment Commander: Staff Sergeant R. Darling

Community Services Officer: Constable T. Kelly

Service Description/Programs Provided:

In the spirit of partnership with the Treaty Three Nations, it is the objective of the Treaty Three Anishnaabe Police Service to provide a continuous and effective social service to the membership. In the attainment of this goal, the police members will provide a sensitive, traditional, and culturally oriented protective service. In the exercise of these responsibilities the police service will, to the extent that circumstances and resources permit, respond as appropriate to each matter required police service.

Specialty

Services Provided:

- Crime Prevention Traffic and Marine Safety Investigations
- Specialized Response Teams
- Intelligence
- Community Relations
- Drug Awareness and Investigations
- Abuse Issues
- Youth Issues
- Auxiliary Policing
- Fraud Prevention
- Seniors Assistance

Victims of Crime and Resource Services (VCARS)

Address: 136 Main Street South, Kenora, Ontario P9N 1S9

Phone: (807) 467-2815

Toll Free: 1-877-467-2815

Fax: (807) 467-8354

Web site: www.savcars.ca

Contact Person

Executive Director: Monika Huminuk

Administrative assistant/Volunteer Coordinator: Leanne Rush

Service Description/Programs Provided:

Sunset Area VCARS partners with Emergency Services by providing immediate emotional and practical support to victims of crime or other tragic circumstances and offers referral services twenty four hours a day, seven days a week. Trained volunteers will respond immediately to the request for assistance from all Police and other Emergency Providers in the community. Volunteers will provide victims with short term emotional and practical support as needed. Victims will receive one on one support until long term help is found. This will ensure the victim is in a safe place, emotionally stabilized, has support and/or received appropriate medical attention. Victims can also be referred to the program by service professionals in the community or by self-referral when visiting our office. Transportation to a place of safety, or assistance in finding temporary housing these are some of the services available for victims.

Referral Program:

- Referral resources are provided to a victim based on individual circumstances and at the discretion of volunteers/staff in accordance with our mandate.

Emotional assistance:

- **Listening** with complete understanding and respect by taking into consideration personal values, cultural diversity and religious beliefs.
- **Encouraging** personal empowerment by supporting the individual to regain control of their situation.
- **Validation** their feelings of vulnerability, betrayal, fear, violation, anger and shock.

Practical support:

- **Accompanying** victims to hospital, home, to the home of a friend or family member.
- **Assisting** with child care needs and household repairs. If needed arrange to have a family member, a friend or clergy available on request.
- **Providing Transportation** to hospital, to family and emergency shelter.
- **Guiding** Victims in making a safety plan, preparing a list of stolen or broken property and assisting Victims with reports.

Who is Eligible?

Victims of crime or tragic circumstances.

Victim Quick Response Program (VQRP)

Phone (807) 465-4485

Toll Free: 1-888-579-2888

Contact Person:

Program Manager: Shelley McAmmond

Service Description/Programs Provided:

Eligible victims can apply for the following;

1. Counselling:
 - Short term early intervention counselling to help reduce the impact of the crime.
 - Private counselling fees are covered in cases where publicly funded counselling services are not available on a timely basis due to wait lists or distance. In such cases counselling will be covered to a maximum of 10 sessions or \$1,000.
2. Funeral expenses assistance for families of homicide victims (maximum of \$5,000).
3. Funding for emergency expenses to a combined maximum, per occurrence, of \$1,000 for:
 - Costs incurred in crime scene cleanup where the use of a specialized company is required.
 - Emergency home repairs to secure premises for the immediate safety of victims.
 - Transportation costs for the most economical and practical means of travel for a family member to support a victim who has suffered emotional and/or physical harm as a result of violent crime.
 - Emergency child care and dependent care for elderly or special needs dependents to support a victim who has suffered emotional and/or physical harm as a result of violent crime or to enable a family member to identify a victim of homicide.
 - Emergency accommodation and meals where there are no secure housing options available.

Who is Eligible?

The Victims Quick Response Program has been established to provide assistance to victims of:

- Homicide (including attempted murder)
- Serious physical assault (including but not limited to, assault with a weapon, assault causing bodily harm, aggravated assault)
- Domestic violence
- Sexual assault
- Hate Crime

Women's Shelter Saakaate House

Address: P.O. Box 49, Kenora Ontario, P9N 3X1

Phone: (807) 468-5491

24 Hour Crisis Line: (807) 468-5491

Fax: (807) 468-7870

Contact Person:

Executive Director: Penny Cummine

Case Manager: Kendall Trembass

Mental Health Therapist: Christie Savage

Transitional Housing Support Worker: Katherine Burriss

Service Description/Program Provided:

Saakaate House provides safety and shelter for abused women and their children. The shelter offers:

- Counselling
- Crisis intervention
- Peer counselling
- Advocacy
- Emergency transportation to and from the shelter
- Children's support programs
- Crisis line
- Support group for women

Saakaate strongly follows and respects the needs and choices of their residents. They strive to offer a supportive, healing and non judgemental environment.

Who is Eligible?

Women over the age of 16 who have been physically, sexually, or emotionally abused and/or who are leaving an abusive relationship.

SECTION
III
EDUCATIONAL
SERVICES

Centre for Addiction and Mental Health (CAMH)
Northern Ontario Area - Provincial Services

Address: 366 Rabbit Lake Road, Kenora, Ontario P9N 4M5

Phone: (807) 548-4326

Toll Free: 1-888-314-1553

Fax: (807) 548-5713

Website: www.camh.net

Contact Person:

Program Consultant: Michelle Ott

Service Description/Programs Provided:

System planning and development:

- Addiction and mental health network developments in the North East and North West Local Health Integrated Network (LHIN) areas.

Program planning and Project Development:

- Talking about mental illness (TAMI)
- Beyond the Label
- TAPP-C The Arson Prevention Program for children
- VALIDITY and Girls Talk
- Concurrent Disorders Training Strategy
- Strengthening Families

Education and Publishing

- Northern Ontario Area training calendar (refer to web site on line learning)
- Diversity training
- Workshops

Priority Programs:

- Concurrent Disorders: CD policy, CD Networks in the North Region

Who is Eligible?

Ontario Health Service provider.

Kenamatewin Native Learning Centre

Address: Harbour, Box 10003, Kenora, Ontario, P9N 4T1

Phone: (807) 468-4058

Fax: (807) 468-3995

Email: kenamatewin@kmts.ca

Contact Person:

Executive Director: Katherine Shine

Service Description/Program Provided:

All programs required intake, arithmetic and math assessment as well as training plan developments. On exceptional basis we provided travel and child-care allowances to participants.

- **Literacy and Basic Skills Program:**

Literacy and Basic Skills is a continuous intake for students 19+ years. Students complete an intake form with English and Math Assessment and begin their academic studies in English and Math at the level they are assessed. Literacy levels in Ontario are currently structured one through five (one being equivalent to grades one/two/three and Level five the equivalent of grade ten).

- **Academic Upgrading: (Pilot 4th year)**

Academic Upgrading is a 12-week, 325-hour classroom/instructor program for 15-participants assessed at Level 5 or higher for the study of GED 12; T.V.O. invigilated at program completion. This program begins in September and January of each year.

- **Self-Management and Self-Direction: (Pilot 1st year Evening Courses)**

Self-Management and Self-Direction is a lower level Literacy and Basic Skills programs designed for Justice and Ontario Works participants struggling to overcome barriers to employment and education and independent living. We are currently running evening courses in the basement of the Northland Housing complex with a ten-lesson course outline.

- **E-Learning: (Pilot 1st year)**

In January 2010 Kenamatewin will offer e-learning courses to independent learning students for academic as well as self-interest computer learning courses with Sioux-Hudson Literacy Council. This program will be transferable to those students returning to their communities or transient students.

Who is Eligible?

19 years of age and older.

Keewatin-Patricia District School Board

Administration Office
Address: 100 1st Avenue, Kenora, Ontario P9N
Phone: (807) 468-5571
Fax: (807) 468-3857

Contact Person:

Director of Education: Larry Hope and Sean Montieth

1. Beaver Brae Secondary School

Address: 1400-9th Street North, Kenora, Ontario P9N 2T7
Phone: (807) 468-6401
Fax: (807) 468-3628

Contact Person:

Principal: Katherine MacIver
Vice Principal: Steve Grindrod
Vice Principal: Evie O'Flaherty

2. Parents Attending Secondary School (PASS)

Address: 1304-9th Street North, Kenora, Ontario P9N 2T7
Phone: (807) 468-6158 or at Beaver Brae Secondary School (807) 468-6158.

PASS coordinator: Jodi Hall

- Pregnant women and parents between the ages of 16-21 years have the opportunity to complete grade 12 and bring their children to school.
- Parenting and Lifestyle courses are mandatory
- Guest speakers from places like the Health Unit, on available counseling.
- Access to the Brighter Futures Program and the Community Kitchen.

3. Evergreen Public School

Address: 1 Brinkman Road, Kenora, Ontario P9N
Phone: (807) 468-8607
Fax: (807) 468-9301

Principal: Tim Flynn
Vice Principal: Jason Mc Donald

4. Keewatin Public School

Address: 330 Mill Street, Kenora, Ontario P9N
Phone: (807) 547-2292
Fax: (807) 3202

Principal: Heather Motch

5. King George VI School

Address: 340 Sixth Avenue, Kenora, Ontario P9N
Phone: (807) 468-7570
Fax: (807) 468-6453

Principal: Shelly St. Hilaire
Vice Principal: Jackie Robinson

6. Lakewood Public School

Address: 249 Vetrans Drive, Kenora, Ontario
Phone: (807) 468-7570
Fax: (807) 468-6914

Principal: Lynn McGaughey
Vice Principal: Tracy Compton

7. Sioux Narrows Public School

Address: 71 Highway, Sioux Narrows, Ontario
Phone: (807) 226-5254
Fax: (807) 226-1020

Principal:

8. Valleyview Public School

Address: 1529 Valley Drive, Kenora, Ontario
Phone: (807) 548-4205
Fax: (807) 1937

Principal: Joan Kantola

Kenora Catholic District School Board

Administration Offices

Address: 200-1st Street North, Kenora Ontario P9N

Phone: (807) 468-9851

Fax: (807) 548-6155

Contact Person:

Director of Education: Phyllis Eikre and Murray Delorme

1. Ecole Ste Marguerite Bourgeoys School

Address: 20 Gunne Crescent, Kenora, Ontario

Phone: (807) 468-6618

Fax: (807) 4698

Principal: Carlos Silva

2. Pope John Paul II School

Address: 1290 Heenan Place, Kenora, Ontario

Phone: (807) 467-8910

Fax: (807) 467-8915

Principal: Andy Graham

3. St. Louis School

Address: 417-8th Street, Kenora, Ontario

Phone: (807) 547-2829

Fax: (807) 547-3081

Principal: Trudy Cederwall

4. St. Thomas Aquinas Secondary School

Address: 1 Poirier Drive, Kenora, Ontario

Phone: (807) 548-8282

Fax: (807) 548-1946

Principal: Bob Valentine

Vice Principal: Paul White

SECTION
IV
EMPLOYMENT
SERVICES

Ne-Chee Friendship Centre
Aboriginal Career & Employment Services (ACES)

Address: 1303 Railway Street, Kenora, Ontario, P9N 3X3

Phone: (807) 468-5440

Fax: (807) 468-5340

Email:reception@nechee.org

Contact Person:

Employment Counsellor: Patti Fairfield

Service Description/Programs Provided:

Employment Services/Resources

- Employment Counselling
- Resume/cover letter assistance
- One to one confidential service
- Training or Action plan development
- Self marketing tips

Employment & Training Programs

- Employment Support
- Self-employment assistance
- Matching & Referral service
- Job creation partnership
- Targeted wage subsidies
- Skills enhancement
- Purchase of training
- Mobility assistance

Youth Programs

- Summer Career Placement
- Youth Internship
- Youth Entrepreneurship
- Community Service Projects

Who is Eligible?

Non status Aboriginals: do not consider themselves Metis, have no membership to a First Nation in Canada or the United States, are not Inuit and are deemed an affiliated by the local delivery mechanism responsible for program intervention resources in your community.

Status Aboriginals: On the general Indian registry of Indian and Northern Affairs Canada who have no membership to an Indian Band in Canada and who are deemed unaffiliated by the Indian Band that is indicated on their certificate.

Jobs Now Employment Resource Centre

Address: Unit 11-308 Second Street South, Kenora, Ontario P9N 1G4

Phone: (807) 468-7198

Fax: (807) 468-6398

Email:

Phone: (807)

Contact Person:

Client service Officer: Jeremy Suke or Kay White

Case Manager: Jacqueline Rush or Linda Foote

Service Description/Programs Provided:

Employment Assistance Services Provided:

To assist individuals to prepare for, obtain and maintain employment. To help individuals obtain the skills necessary for employment ranging from basic to advanced skills by providing them with direct financial assistance to enable them to select, arrange, and pay for their own training.

Employment Assessment:

- Assessing your skills, abilities, interests and values.

Employment Counselling:

- Work one on one with an experienced career counsellor to determine employment goals.
- Identification of activities and/or interventions or programs needed to achieve these goals.
- Develop an action plan.

Job Development:

- Allow us to assist in matching your skills, abilities and career goals with suitable employment.

Case Management:

- Receive continued guidance and support throughout the implementation of an employment action plan.

Information Sessions and Group Workshops: Resume writing, Application & Cover Letter and Interview Skills

Who is Eligible?

Job seekers who are unemployed can apply to participate if they meet one of the following conditions:

- They establish a claim for Employment Insurance benefits or their Employment Insurance benefits period ended within the past three years.
- They establish a claim for Employment Insurance maternity or parental benefits and were paid benefits within the past five years, and are re-entering the labour force after having left it to care for newborn or newly adopted children.
- Other criteria may apply.

Lake of the Woods Employment Action Project (LEAP)

Address: 25 Main Street South, Kenora, Ontario P9N 1S8

Phone: (807) 468-1911

Fax: (807) 468-6940

Web Site: www.leapforjobs.ca

Email: leap@voyageur.ca

Contact Person:

Program Manager: Judy Garrow

Employment Advisor: Karen Thomas

Service Description/Programs Provided:

Information & Referral Service

Available for anyone to access. This service features information on job openings, resources, post secondary information, computer use, internet access and workshops.

Employment Planning

Encouragement and advice is provided to enable persons to find work on their own. Feature one to one advising, group and workshop settings, as well as job shadowing and job trial opportunities.

Job Development Placement Services

Candidates work for local employers and learn while earning income. Employers are responsible for paying a portion of the employee's wages. Candidates must have participated in Employment planning and preparation.

Who is Eligible?

Job Connect: A year –round employment and training service for youth service for youth aged 16 to 24 years.

Summer employment program for students aged 15 to 24 years.

SECTION
V
SUPPORTIVE
HOUSING

AAMIKKOWIISH Non-Profit Housing Incorporation

Address: 598 Lakeview Drive, Kenora Ontario, P9N 3P7

Phone: (807) 468-4461

Cell: (807) 466-1466

Fax: (807) 468-3908

Office hours: Tuesday/Wednesday/Thursday from 8:00 a.m. to 4:00 p.m.

Contact Person:

Housing Manager: Carol Blight

Service Description/Programs Provided:

Aamikkowiish is a non-profit housing program that provides subsidized housing accommodations for families primarily of native ancestry in the Kenora Area and are experiencing difficulty in securing affordable, safe housing. A total of sixteen, three to five bedroom homes are managed through Aamikkowiish Non-Profit Housing.

Who is Eligible?

Anyone over the age of 16, experiencing difficulty in securing safe and affordable housing, who is requiring three to five bedroom accommodations. Applications must be completed and filed with the office and updated every six months with any changes.

Kenora District Services Board Social Housing Division

Address: 301 First Ave South, 2nd Floor

Phone: (807) 468-2825

Toll Free: 1-800-465-5308

Fax: (807) 468-2828

Web site: www.kdsb.on.ca

Service Description/Programs Provided:

- Rent geared to income
- Special needs housing: Special needs housing is housing that is occupied or made available for occupancy by a household having one or more individuals who require accessibility modifications or Provincially-funded support services in order to live independently in the community.

Who is Eligible?

You must be a permanent citizen of Canada and/or a landed immigrant, and must be in need of residence in Ontario.

At least one household member must be 16 years of age or older, and be capable of living independently with or without support services.

Kenora Fellowship Centre

Address: 208 Water Street, Kenora Ontario, P9N 3X4

Phone: (807) 467-8205

Fax: (807) 468-9063

Email: kenorafellowship@kmts.ca

Contact Persons:

Henry Hildebrandt, John Pencoff, Bernice Albany

Service Description/Programs Provided:

The Fellowship Centre offers assistance and support to people living in poverty, especially homeless people.

- Emergency shelter
- Food
- Clothing
- Referrals and counselling

Who is Eligible?

Anyone in need.

Northland Supportive Housing

Address: 216 Matheson Street South, Kenora Ontario, P9N 1V2
Phone: (807) 468-4619

Contact Person:

Manager: Kim Wlodarek

Service Description/Program Provided:

Safe and sober housing for adults. Applicants must be able to pay rent (welfare, disability, unemployment insurance or working). Absolutely no drugs or alcohol are permitted on the property. Use of alcohol or drugs will result in the resident being asked to leave the building for 48hours. Residents are responsible for their own laundry. The residents are expected to participate in the operation of the building by doing assigned chores daily.

The Northland supplies:

- three meals a day
- all bedding
- shower curtains
- towels
- toilet paper
- cleaning supplies

Who is Eligible?

Anyone.

Northwestern Independent Living Services

Address: 916 Ottawa Street, Kenora, Ontario P0X 1C0

Phone: (807) 547-3486

Toll Free: 1-888-939-0993

Fax: (807) 547-3551

Website: www.nils.ca

Contact Person:

Executive Director: Kristan Miclash

Coordinator: Denise Miault

Service Description/Program Provided:

Supportive Housing

- On site attendant care is available on a 24 hour basis and operates out of a located at Henesy Terrace in Kenora.
- Henesy Terrace offers wheelchair accessible, rent geared to income housing for people with physical disabilities in association with Kenora Municipal Non Profit Housing Corporation. Henesy Terrace offers 13 apartments of which five have two bedrooms. Each apartment is equipped with an emergency response pendant that is monitored by the on site staff.
- Consumers residing in the building can access assistance 24 hours a day, 7 days a week.

Community Outreach

- Personal Skills: Personal grooming and hygiene, meal preparations, Housekeeping, Banking and shopping, etc.
- Management Skills: Using community resources, using community health programs to meet medical or professional needs, etc.
- Community outreach provides Attendant Services to individuals with a physical disability who are living in communities throughout the Kenora Rainy River Districts. The services are available on a scheduled basis, 7 days a week, including holidays.

Who is Eligible?

Must be 16 years of age and over with a physical disability living in institutions now by no choice of their own, who are residing in the Kenora, Rainy River District including First Nation communities who are seeking independent living.

Individuals living with families in the Kenora or Rainy River District who require some attendant care assistance.

Waiting Time: Waiting period fluctuates and this is a long term program.

SECTION
VI
INCOME
MAINTENANCE
SERVICES

Ontario Works

Address: 308 2nd Street South, Unit 14, Kenora, Ontario, P9N 1G4

Phone: (807) 467-2038

Fax: (807) 467-2162

Web Site: www.kdsb.on.ca

Contact Person:

Ontario Works Director: Joan Schelske

Phone: (807) 467-2037

Cell: (807) 466-1594

Service Description/Programs Provided:

Ontario Works provides financial assistance and employment support and services to those who are living in Kenora and surrounding areas who qualify. Provide transportation costs on case to case basis.

- Information handouts
- Job postings and use of photocopier, computer and fax machine

Who is Eligible?

Those who fit specific criteria for financial assistance. Individuals must go through a process of application.

Community Start Up:

A Community Start-Up Benefit (CSUB) is a mandatory benefit, if you qualify. A CSUB is money to help with expenses when you set up or move to a new home. In special cases, a CSUB can be used to help people stay in their home.

An Employment Start-Up Benefits (ESUB) is a mandatory benefit. If you qualify, an ESUB helps you when you begin a new job or work placement.

An ESUB includes: Work wear, Tools & equipment, grooming costs (hair cut), transportation costs, licencing fees, eyeglasses and child care costs

Who is Eligible?

A CSUB will not be given every time a person moves. A CSUB will be granted only in certain situations, including:

- Being homeless
- Being a victim of family violence
- Uninhabitable living conditions
- Leaving institutional facilities
- Moving if the need has been clearly established.

SECTION
VII
LEGAL SERVICES

Family Law Office

Address: 308 Second Street South, Kenora, Ontario, P9N 1G4

Phone: (807) 468-7790 Toll Free: 1-888-295-4986

Fax: (807) 468-7890

Web Site: www.legalaid.on.ca

Contact Person:

Staff Lawyer (Family): Susan Switch

Paralegal: Lorelei Van Belleghem

Service Description/Programs Provided:

Legal Aid Ontario Law Office is a Law office for clients with Legal Aid certificates for Family law matters. Clients will receive the services of an experienced lawyer specializing in family law who will represent them.

The Family Law Office and Legal Aid Ontario have a number of publications which are available for free. This does not replace the specialized advice of a lawyer and you should consider speaking with a lawyer in any family law matter.

Who is Eligible?

Anyone seeking help with a family law matter who has already qualified for a Legal Aid certificate

Fetal Alcohol Spectrum Disorder & Justice (Web Resource)

Website: www.fasdjustice.on.ca

Service Description/Programs Provided:

Court Cases

- Child welfare
- Confessions
- FASD assessment
- Fitness to stand trial
- Not criminally responsible
- Witness/Victims
- Dangerous/Long Term Offender designation
- Sentencing/R. v. Gladue

FASD& the Court

- Presence of FASD in Court
- Investigation and Trial
- Sentencing

Recognizing & Understanding FASD

- Definition of FASD
- Presence of FASD
- Primary/Secondary FASD Behaviours

Grand Council Treaty Three

Address: P.O. Box 1720, Kenora, Ontario P9N 3X7

Phone: (807) 548-4214

Fax: (807) 548-5041

Web Site: www.treaty3.ca

Contact Person:

Chiefs responsible for Policing and Justice:

Chief Wayne Smith – Naicatchewenin and

Chief Ken Skead – Waushusk Onigum

Community Justice Coordinators:

Grassy Narrows: Darryl Fobister (807) 925-1081

Lac Seul: Alanna Mawaseekick (807) 582-3228

Naicathewewin: Gary Smith (807) 486-3407 Ext. 230

Onigaming: David Kelly (807) 484-2162 Ext. 222

Projects Coordinator: Arthur Huminuk

Justice Case Manager: Dean Councillor

Service Description/Programs Provided:

Grand Council Treaty #3 Justice Staff, with the support of the Chiefs responsible for Justice and Policing and a Project Advisory Group, work directly with four First Nations' Justice Teams to divert pre-and post charge offences through community-based processes, in: Grassy Narrows, Lac Seul, Naicathewewin and Onigaming.

Community Justice/Restorative Justice: Is voluntary and focuses on accountability and healing, rather than blame and punishment, promotes problem-solving and change, supports community safety and crime prevention. Honour Anishinaabe Inaakonigewin peace and justice traditions, give people a say in what happens when someone does something wrong and work in partnership with the police, court and corrections.

Youth Re-Integration: Is the start of a Treaty #3 nation-wide strategy to develop re-integration for youth in the Aboriginal community-based restorative justice system.

Justice Continuum:

- Circles, conferences or forums
- Tribunals, councils and panels
- Victim support services
- Sentencing submissions
- Reintegration plans

The long term goals:

- Support healing and accountability within communities
- Have our youth supported during and after probationary time
- Reduce the number of Treaty #3 members charged and in jail.

Legal Aid Ontario

Address: 308 Second Street South, Kenora, Ontario, P9N 1G4

Phone: (807)468-6722 Toll Free: 1-888-267-0650

Fax: (807) 468-4096

Web Site: www.legalaid.on.ca

Contact Person:

Area Director: Pieter Joubert

Area Officer Administrator: Karen Lewis

Assessment Officer: Dawn McInnis

Assessment Officer: Julie Gerbrandt

Service Description/Programs Provided:

Legal Aid Ontario provides legal services to people with low income. They offer access to a range of legal services across the province. When a person has a legal problem and is unable to afford to pay a lawyer, the individual should apply for legal Aid. Legal Aid is available for most criminal, civil, and family problems. In order to qualify, a person must satisfy a financial test. In some cases, Legal Aid is not free and the applicant must repay the Ontario Legal Aid Plan either monthly payments or via a lien on real property (land). A person who qualifies for Legal Aid is provided with a list of lawyers who will accept Legal Aid certificates. In situations where a person requires immediate assistance i.e. a restraining order, then Legal Aid will authorize the person to see a lawyer immediately.

Forms of Assistance:

Legal Aid can cover the cost of a lawyer for people who cannot afford one. Advice days are available once a week, through Legal Aid Ontario. The advice appointments are free, but you must qualify financially for this free service.

Who is Eligible?

Anyone who's legal problems requires the assistance of a lawyer in private practice and who cannot afford to pay the lawyer directly.

Duty Counsel Services

Phone: (807) 468-7072

Fax: (807) 467-2796

Web Site: www.legalaid.on.ca

Contact Person:

Staff Duty Counsel: Sharon Scharfe

Ne-Chee Friendship Centre

Youth Justice Committee

Address: 1303 Railway Street, Kenora, Ontario, P9N 3X3

Phone: (807) 468-5440

Fax: (807) 468-5340

Coordinator: Ken Brown

Service Description/Programs Provided: Community conferencing is a model of Restorative Justice Approach stresses accountability, and repair of harm, rather than blame and punishment. Guided by a specially trained facilitator, the victims meet with young person(s) who have harmed them along with important support people. This community of people talk about what happened, how it has affected them, and what can be done now to make amends. Conferencing gives everyone involved an opportunity to rebuild relationships, and prevent further harm.

Who is Eligible?

The youth Justice Committee is available to all youth (12 to 17 years old) who is willing to take responsibility for their involvement in an offence. The offence is serious enough to result in criminal charges, the victim is willing and able to participate and express their views to an offender. The victim has suffered harm or losses because of the crime.

Aboriginal Community Justice Program

Contact Person:

Coordinator: Robert Albony

Develops local community justice programs to serve Aboriginal communities as well as develop structures and processes that promote self determination of an Aboriginal Justice system.

Native Criminal Court Workers:

Contact Person:

Court workers: Allen Red Cloud, Irene Williams

Assists Aboriginal accused to better understand their rights, options and responsibilities when appearing before the criminal courts.

Native Family Court Worker: Percy Cameron

Ensures Native people in conflict with the law or involved in the Child Welfare System receive equitable treatment.

Native Inmate Liaison: Percy Prouty

Deals directly with the jail, acting as an interpreter, helps with family contacts and release plan for inmates and makes referrals to drug and alcohol treatment.

Northwest Community Legal Clinic

Address: 308 Second Street South, Kenora, Ontario, P9N 1G4

Phone: (807) 468-8888 Toll Free: 1-800-403-4757

Fax: (807) 468-4928

Email: northwestcommunitylegalclinic.ca

Contact Person:

Executive Director: Trudy McCormack

Staff Lawyer: Sallie Hunt

Community Legal Worker: Nan Normand

Service Description/Programs Provided:

The Northwest Community Legal Clinic provides assistance on legal issues such as: Ontario Disability Support Program, Ontario Works, tenancy issues, criminal injuries compensation, Employment Insurance, consumer issues, birth/death certificates, name changes, native status registrations, human rights, and Canada Pension Plan.

Services provided:

- Referral service
- Case files
- Advice and brief services
- Legal education
- Community outreach.
- The Clinic is available to host workshops or will speak to community groups upon invitation.

Who is Eligible?

The Clinic will assist people, who cannot afford legal assistance due to financial hardship, example: social assistance recipients, pensioners, and the unemployment income.

Summary advice and information within the Clinic's mandate is available to the general public without charge. Financial assessment will be made for brief services and when opening files.

Probation and Parole

Address: Suite 107-810 Robertson Street, Kenora, Ontario P9N 4J3

Phone: (807) 468-2857

Fax: (807) 468-2863

Contact Person:

Area Manager: Donna Lee Rabey

Service Description/Program Provided:

- Parole is the early release of an offender from prison under the supervision of a parole officer. Only a Parole Board can make decisions about parole.
- Probation is a sentence to community supervision imposed by a judge.
- Provide social services to assist in rehabilitation of law offenders in custody or on probation or parole. Make recommendations for actions involving formulation of rehabilitation plan and treatment of offender, including conditional release and education and employment stipulations.

Victim Witness Assistance Program (VWAP)

Address: Court House 216, Water Street, Kenora, Ontario, P9N 1S4

Phone: (807) 468-2839

Fax ☎(807) 468-2840

Contact Person:

Manager: Kelly Alcock

Service Description/Program Provided:

The kind of help you may receive depends upon the type of case in which you are involved and an assessment of your needs.

- **Emotional support:** Emotional support to overcome immediate trauma. Staff will provide ongoing emotional support and assistance throughout the criminal court process.
- **Needs assessment:** Staff members assess their needs to determine how best to help, also development of a safety plan is often part of the service.
- **Referrals to community agencies:** If another agency, organization, doctor or community health facility can provide some of the help needed; they will be referred to the right place in the community.
- **Information:** Staff will help the victim or witness understand how the court system works, keep them informed of the court dates and explain courtroom procedures. Staff can also provide copies of court papers, such as bail conditions and probation orders.
- **Getting ready for court:** Program staff will help prepare for court. They will discuss questions and concerns, help understand what to expect if they'll be testifying and explain legal terms they may not understand.
- **Waiting areas:** Program staff will take you to a separate, safe waiting area for victims and witnesses.
- **Help with victim impact statements:** Program staff will explain the victim impact statement and offer them information on how to complete it.
- **Help in other languages:** Program staff will arrange for language interpreters if you need it

Who is Eligible?

The Victim/Witness Assistance Program can accept clients once charges are laid. The program helps the vulnerable victims and witnesses of violent crime, including domestic violence, sexual assault, physical or sexual child assault, hate crimes and family of homicide victims. Service provided throughout the District of Kenora.

SECTION
VIII
OTHER
COMMUNITY
SERVICES

Alcoholics Anonymous

Locations for Meetings:

Bethesda Lutheran Church

Address: 401-6th Avenue, Kenora

Heenan Place

Address: 1208 Heenan Place, Kenora, Ontario

Knights of Columbus

Address: 215 First Street South, Kenora, Ontario

Knox United Church

Address: 116-5th Avenue South, Kenora, Ontario

St. Andrew's United Church

Address: 211 Bay St. Keewatin, Ontario

Contact Person:

Harry and Yvonne at (807) 543-1247

Marie at (807) 466-4534

June at (807) 547-5784

Grassy Narrows: Gabriel at (807) 925-2281

White Dog: Daniel at (807) 927-2413

Sioux Narrows: Perry at (807) 466-3723

Meeting locations and times:

- Monday: 7:30 p.m. Heenan Place
 8:00 p.m. Knights of Columbus
- Tuesday: 8:00 p.m. Bethesda Lutheran Church
 8:00 p.m. Knights of Columbus
- Wednesday: 8:00 p.m. Knox United Church
 8:00 p.m. St. Andrew's United Church
- Thursday: 8:00 p.m. Knight of Columbus
 8:00 p.m. Knox United Church
- Friday: 1:00 p.m. Knox United Church
 8:00 p.m. Knight of Columbus
- Saturday: 2:00 p.m. Knox United Church
 8:00 p.m. St. Andrew's United Church
- Sunday: 8:00 p.m. Knight of Columbus

Crime Stoppers

Address: Crime Stoppers of Northwestern Ontario & Northern Minnesota
P.O. Box 672, Kenora ON P9N 3X6
Phone: 1-800-222-TIPS (8477)

Contact Person:

Shelly McAmmond

Service Description/Programs Provided:

How does Crime Stoppers work?

The Crime Stoppers tip line is staffed by trained personnel who receive, process, and pass on anonymous tip information to investigating officers. Callers are given a code number which is used in all subsequent calls and callers do not have to identify themselves.

A reward of up to \$2,000 is offered to anyone providing information which leads to an arrest for a crime. Rewards may also be made for information leading to the recovery of stolen property, the seizure of illegal drugs or an arrest on an outstanding warrant.

The media is a very important component of Crime Stoppers. An unsolved crime may be re-enacted and shown on television or may be publicized in a newspaper or aired on the radio. The media also brings the program to the attention of the public

Note: This site does not accept Tip information. If you have information about a crime, phone 1-800-222-TIPS (8477) for the closest Crime Stopper Program to you. Or you may use this link to obtain the closest Crime Stoppers Program to you to submit your information. Note: Not all programs have “web tip” capability.

Jubilee Church of God

Address: 215 First Street South, Kenora, Ontario P9N 1C2

Phone: (807) 547-2150

Contact Person:

Frank Kowal

Service Description:

- Sunday service 11:00 a.m. to 1:00 p.m. followed by lunch
- Food hampers
- Clothing
- Youth drop in centre for youth Friday and Saturday 3:30 p.m. to 10:00 p.m.

Who is Eligible?

Anyone in need.

Kenora Anishnaabe-Kweg Aboriginals Women's Organization

Address: 1304 Ninth Street North, Kenora, Ontario P9N 2T7

Phone: (807) 468-3337

Fax: (807) 468-3093

Email: kenoraheadstart@hotmail.com

Contact Person:

Director: Shelley Seymour

Service Description/Programs Provided:

The Kenora Anishnaabe-Kweg Brighter Futures Program goal is to promote the health and well being of all Anishnaabe women and their children in a holistic way by using traditional values and beliefs.

- Health care education
- Information, resource materials, parent education
- Support groups
- Planned social events and transportation for participants.

Who is Eligible?

Anishnaabe fluent women and their families.

Aboriginal Head Start

Holistic approach to aboriginal early education. Provide early prevention/intervention programs and services for the mental health and well being of urban aboriginal preschool children in the Kenora area.

- To facilitate the spiritual, emotional, intellectual, physical, social development of each child and their family.
- To establish parental involvement, therefore parents and caregivers will play a key role in planning and evaluation of the program.
- To foster and understanding of their spirituality.
- To access community network resources that will contribute to the development of the child and family.
- To improve the skills of pre-school children in preparation fro public school.

Who is Eligible?

Children must be of aboriginal descent status non-status, Metis, Inuit. Children must be 4 years old before December 31st and living off reserve.

Kenora District Jail

Address: 1430 River Drive, Kenora, Ontario P9N

Phone: (807) 468-2871

Contact Person:

Chief: Steve Walker

Service Description/Programs Provided:

Education is a gateway to Rehabilitation: The Kenora Jail offers many different forms to accommodate each specific client.

- Computer courses for the beginner and more advanced
- Distant education through Wahsa Self Learning
- Basic Literature and Innumeracy
- General Education Diploma (GED)
- Personal Career Development (runs for 12 weeks and has 25 components)

For Personal Development: We offer a multitude of choices for our Clients both male and female.

- Alcoholics Anonymous (A.A.)
- Community Counselling Addiction Workers
- Anger Management Workshops (Change is a choice)
- Leisure Reading Program
- Art work supplies
- Female sewing and quilting program
- Female Domestic Violence awareness with a male program in place with facilitators
- Skills for better living
- Outside Prisoner Work Program
- Institutional Work Programs such as Kitchen cook helpers, Laundry workers and Cleaning Crews.

Religious Programs:

- Native Traditional Teachings (7 Grandfather Traditions)
- Drumming
- Smudging
- Pow Wows, Spring and Fall Feasts
- Eastern Door (males) & Understanding the journey (females)
- Spring and fall feasts
- Sunday worship services (non-denominational)
- One-on-one Bible studies
- Life skills core program
- Got books – Get Reading!

Kenora Metis Council Kenora Warmth and Wellness Group

Address: 70 Park Street South, Kenora, Ontario, P9N 1Y6

Phone: (807) 468-2043 or 5835

Contact Person:

Wendy Langlois

Phone: (807) 548-4289

Cindy Laliborte

Phone: (807) 547-2570

Service Description:

The Kenora Warmth and Wellness Group have undertaken the mission to ensure that all people in the area will be warm when the cold comes. They are doing this by gathering groups of individuals who can knit, sew, crochet, etc. to make different items such as hats, mitts, scarves, etc. Items can also be made from home and materials are supplied.

Who is Eligible?

Everyone is welcome to join and all items donated are given to those in need.

Knox United Church Agape Table

Address: 116 Fifth Avenue South, Kenora, Ontario P9N 2A2

Phone: (807) 468-6923

Fax: (807) 468-4557

Contact Person:

Bill Cameron

Service Description:

The Agape Table is a soup kitchen that offers food to those in need from 11:00 a.m. to 12:00 p.m. Tuesday, Thursday and Friday.

Who is Eligible?

Anyone in need

Manic Depressive & Depressive Group of Kenora

Address: 1-204 Water Street, Kenora, Ontario P9N 1S5

Contact Person:

Phone: Val at (807) 468-7555

Barb at (807) 547-2972

Service Description/Programs Provided:

This is a support group that meets Wednesday nights from 7:30p.m. – 9:00p.m. The group gathers weekly to discuss their week's events and any difficulties they or a family member may be facing or going through.

Who is Eligible?

Anyone diagnosed with a manic depressive, depressive disorder, mood disorder, by polar or family members of individuals with the disorder. There are no age restrictions. To attend a meeting individuals can contact Val or Barb at the numbers listed.

Minto Area Parent-Child Resource Centre

Address: 26–1181 Minto Avenue, Kenora, Ontario P9N 3K1

Phone: (807) 468-3161

Fax: (807) 467-8391

Email: minto@kenora.com

Contact Person

Carol Loepky

Service Description/Programs Provided:

The Minto Parent Child Resource Centre is a community drop in centre for families with children ages 0 to 6. Staffs available to offer support and to help connect families to other community agencies.

- Lending children's books and videos, toys, parent resources and some infant equipment.
- Breakfast Coupons: \$1 each (available weekly), redeemable at Loaf N' Jug for milk, bread, and eggs, sign up is required.
- Lunch and snacks (available daily)
- Cooking/Baking activities: learn to make new things, cook with your kids or take ingredients and recipes home. (monthly community kitchen)
- Food buying Club: school lunch supplies and a few other essentials available in small quantities at cost.
- Telephone: a separate line available to the community.
- Computer: available for typing cover letters and resumes, also has children's games and interactive books.
- Laundry facilities: \$1 wash/\$1 dry.
- Canada Prenatal Nutrition Program: Registered nurse.

Who is Eligible?

Drop in is intended for residents of the Minto area (Canada Prenatal Nutrition Program is available to any residents of Kenora).

Mood Disorders Association of Kenora (M.D.A.K.)

Address: 116 Fifth Avenue South, Kenora, Ontario P9N 2A2 (Knox Unit Church Lounge)

Phone: (807) 468-2275

Contact Person:

Facilitator: Michael Rodgers

Email: mikerod@shaw.ca

Cell: (807) 466-0009

Service Description/Programs Provided:

We are a self help group helping people as we suffer from the same symptoms as you do and we help each other. Here are some of the symptoms people suffer:

- Anxiety Disorder
- Bipolar Disorder, Bipolar II,
- Concurrent Disorders
- Depression
- Menopause, Postpartum Mood Disorder, PMS and PMDD
- Rapid Cycling
- Seasonal Affective Disorder
- Suicide and Mood Disorders
- Teenage Depression

Who is Eligible?

Anyone suffering with a Mood Disorder.

Narcotics Anonymous

Address: 102 Government Road, Keewatin Ontario P0X 1C0
Del Art Manor Recovery Home
Phone: (807) 547-3444

Contact Person:

Executive Director: Connie Gate

Service Description:

Meets every Wednesday night at 8:00 p.m. to 9:00 p.m.

- Gain self esteem
- Recognize and express needs
- Cultivate healthy social, emotional, physical and spiritual practices, form healthy relationships
- Develop tools to maintain and remain drug free in the community
- Referrals/linkages to community resources

Who is Eligible?

Anyone who does or has abused narcotics.

Ne-Chee Friendship Centre

Address: 1303 Railway Street, Kenora, Ontario, P9N 3X3

Phone: (807) 468-5440

Fax: (807) 468-5340

Email: reception@nechee.org

Contact Person:

Executive Director: Don Copenace

Office Director: Krista Favreau

Service Description/Programs Provided:

Support/Information Referral – the Friendship Centre provides information and referral service to all Aboriginal people who require assistance in some way. If a service is beyond our capability, the case will be referred to the appropriate agency. We also work closely with a number of groups, organizations and agencies that support the Aboriginal community in the Kenora region. Recreation Ne-Chee offers a wide variety of recreational activities such as sporting events, tournaments and social gatherings. Contact us for the latest listing of events.

Programs:

Street Patrol, Youth Justice Committee, Aboriginal Community Justice, Criminal Court work, Family Court work, Native Inmate Liaison, Aboriginal Carer/Employment, Aboriginal family Support, Aboriginal Healthy Babies, Aboriginal Healing/Wellness, Alternative Secondary School, Drug Education and Living, Life Long Care, Urban Aboriginal Youth, Akwe: go Children's Program, Wasa-Nabin Youth Program, and Urban Aboriginal Healthy Living.

Who is Eligible? Aboriginal people in an urban environment.

- **Street Patrollers:** Catherine Jack, Melissa Scott, Barney Petiquan, Ronald Cobiness
After hours Phone: (807) 468-8051
Provides assistance to adults, children and youth who are in a situation of great personal distress through intoxication and other circumstances.
- **Aboriginal Family Support Worker Worker:** Sunny Copenace
To provide support services to children ages 0-6 years and their families.
- **Aboriginal Healing & Wellness Worker:** Tammy Atchison
To ensure that the healing and wellness needs of community members are addressed at the local level
- **Life Long Care Program Worker:** Delane Kapera
To provide community support services for at risk aboriginal seniors, the disabled and the chronically ill.

North Western Health Unit

Address: 21 Wolsley Street, Kenora, Ontario P9N 3W7

Phone: (807) 468-3147

Toll Free: 1-800-830-5978

Fax: (807) 468-4970

Website: www.nwhu.on.ca

Contact Person:

Chief Administrative: Mark Perrault

Service Description/Program Provided:

1. Sexual Health Services:

Northwestern Health Unit: Monday 9:00 a.m. to noon and Wednesday 10:00 a.m. to noon.

Phone: (807) 468-4503 to book appointment or for more information.

Beaver Brae High School Monday: 11:30 a.m. - 1:00 p.m.

2. Best Start Hub Programs:

The Hub provides programming for children 0 to 7 years of age.

Contact: The Best Start Hub 467-5530.

Minaki: An outreach program for families in Minaki takes place every second Monday from 10 am to 12pm. The playgroup meets at the Community Centre for songs, reading, craft and a snack.

Sioux Narrows: The community centre is open every Tuesday from 10 am to 12pm for songs, reading, crafts, snack and drop in services.

3. Healthy Babies Healthy Children

A prevention /early intervention program that help families nurture healthy child development so children can achieve their full potential by offering prenatal and postpartum services, early and identification of children who may be “at risk”

Who is Eligible?

Healthy Babies, Healthy Children is a free, confidential and voluntary program for expectant families and those with children 0-6 years of age living in the Kenora Rainy River District.

4. Health Hazard Investigation (including 24-hour Emergency Response)

Responding to a variety of health hazard issues including chemical and sewage spills, pesticide complaints, asbestos and mercury investigations, indoor air quality, institutional mold and housing disrepair to name a few. They are also involved with the elimination of environmental tobacco smoke, the study of blastomycosis and pandemic influenza planning.

Who is Eligible?

Residences of the North Western Health Unit reside in municipalities, First Nation

communities and unorganized areas within the Kenora and Rainy River District in the province of Ontario.

Ontario Native Women's Association

Address: 530 Third Street North, Kenora, Ontario P9N 2M3

Phone: (807) 468-3943

Fax: (807) 468-3904

Contact Person:

Beverly Williamson

Service Description/Programs Provided:

The community wellness program is designed to assist Aboriginal families in the community to provide education and support on family violence and increase health awareness.

Family Support

- Work one on one with families experiencing family violence to develop a plan of action for identified concerns.
- Organize and facilitate community events in schools, powwows, health fairs, etc. to promote a healthy lifestyle and prevention of family violence.
- Provide victim service referrals, and emergency support for family violence.
- Offer Aboriginal Culture based healing, self help processes for anger management, and positive self image development; alternative discipline methods and positive relationships.
- Develop programs, workshops, promotions, and prevention education education campaigns dealing with family based violence awareness.

Community Support

- Facilitating public workshops, seminars and public education forums to promote healthy lifestyles in the community.
- Community events to promote healing, wellness, addictions free activities, positive parenting, family interaction, and cultural awareness.
- Involvement of elders, senators, and traditional people who have undergone their own healing and wellness journeys.
- Local co-ordination of existing crisis or "first response" services such as: community patrols, search and rescue, suicide prevention, and policing.
- Linking families with health resources and social services.

Who is Eligible?

Aboriginal families.

Post Custody Enhancement Program

Address: 12 Main Street South, Kenora Ontario, P9N 1S7

Phone: (807) 467-3575

Fax: (807) 468-6093

Contact Person:

Case Worker: Richard Hoppe

Service Description/Program Provided:

The Post Custody Enhancement Program is community based and is funded to provide service enhancement to keep people with Mental illness and/or addictions issues out of the Criminal Justice System. The program will provide short term intensive case management to mental health and addictions clients released to the community. Program staff will liaison with court diversion staff, custody staff, and the client. The goal is to improve access and coordination to community resources and improve client outcomes.

- Short term case management services
- Assessment and referrals
- Discharge planning
- Help with housing, financial support, etc.
- Connections with clients prior to release or on release to facilitate access to appropriate community services
- Liaison services with partners involved in the criminal justice system

Who is Eligible?

People 16 and over with a mental Health and /or addiction problems who have been released from custody.

Sunset Country Psychiatric Survivors

Address: 1-204 Water Street, Kenora, Ontario P9N 1S4

Phone: (807) 468-7617

Member Line: (807) 468-4397

Fax: (807) 468-2220

Email: scpskenora@gokenora.com

Contact Person:

Co-ordination Team Member: Mary Deciantis

Service Description/ Program Provided:

Sunset Country Psychiatric Survivors is a self-help support group where you can receive peer support. Active membership can make you feel better about yourself through involvement in advocating for changes to the Health System and by improving the road ahead for others who may encounter the world of mental illness.

- By weekly support meetings to provide an opportunity for the exchange and sharing of information and experiences amongst members
- Advocacy and referrals to relevant resources.
- An information library; and help forming new self-help groups.

Who is Eligible?

Anybody who has had contact with the Mental Health System, or anyone who considers themselves a psychiatric survivor.

The Multicultural Association Kenora and District

Address: 136 Main Street South, Kenora, Ontario, P9N 1S9

Phone: (807) 468-7140

(807) 468-9443

24 hour Toll Free: 1-888-242-5661

Fax: (807) 468-3895

Web site: www.kenoramulticultural.com

Email: interpreter@kmts.ca

Contact Person:

Settlement Worker: Darlene Smeaton

Service Description/Program Provided:

Cultural interpreters can be secured anytime of the day or night by calling the service directly or by having the agency call for the victim. Using linguistic fluency, cultural background knowledge, awareness of violence issues and a knowledge of local agencies, interpreters ensure the victim and service provider communicate effectively. Interpreters offer confidential services in Ojibway, Ojicree, Ukranian, Polish, French, German, Chinese (Mandarin and Cantoese) and Spanish

Who is Eligible?

Anyone or any agency or clients of agency, free of charge to victims of violence otherwise a FEE for service basis.

Women's Place Kenora

Address: 530 3rd Street, Kenora, Ontario, P9N 2M3

Phone: (807) 468-9095

Fax: (807) 468-3904

Web Site: www.wpk.ca

Contact Person:

Director: Erica Olson

Service Description/Programs Provided:

Women's Place is a women's resource centre, owned and operated by a feminist collective that advocates for equality and justice for women. Women's Place encourages women to live healthy and gratifying lives.

- Self empowerment, building healthy relationships, self care sessions for women
- Promoting understanding of links between violence with emphasis on preventing recurrence
- Prevention of violence issues, networking with community service agencies
- Assisting women to know their rights
- Workshops, seminars, focus groups and presentations on women's issues
- Separation/Divorce information
- Information for women on how to start their own business
- Video presentations and discussions for women
- Gender discrimination, sexual harassment information
- Peer counselling for protection planning, and other issues

Forms of Assistance:

This includes library services, Internet and computer use, information advocacy, referral options to appropriate services, and peer counselling. Meeting and workspace is available for women. Workshops and presentations offered to groups in the Kenora/First Nations communities and surrounding areas or other community organizations that focus on women's issues. Assistance in writing resumes job searches and interviews role-plays.

Who is Eligible?

Kenora area women and the general public.

SECTION
IX
TREATMENT
CENTRES

Clarissa Manor Recovery Home (Female Residence)

Address: 1420 8th Street North, Kenora Ontario, P9N 2S3

Phone: (807) 468-3667

Fax: (807) 468-1276

Contact Person:

Executive Director: Connie Mellon

Assistant: Shelly Smith

Service Description/Program Provided:

Clarissa Manor is a residential recovery facility for women with addictions. The primary purpose is to provide a safe environment for women as they continue their recovery process. The program is designed for three to six months in residence during which time we strive to help the residents in the following areas:

- Gain self esteem
- Recognize and express needs
- Cultivate healthy social, emotional, physical and spiritual practices, form healthy relationships
- Develop tools to maintain sobriety and/or remain drug free in the community
- Individual supportive counselling individualized program plans
- Onsite weekly Twelve Step meetings
- Life skills training, recreation and leisure
- Referrals/linkages to community resources

Who is Eligible?

Eighteen years of age or older that demonstrates a level of dependence on alcohol and /or drugs, which indicates an inability to remain abstinent in any other type of community based program. Currently living circumstances are a barrier to the establishment or maintenance of long term abstinence. Able to express a dissatisfaction with the current lifestyle and indicates desire to change. Resident must be detoxified from alcohol or other mood altering drugs a minimum of three to five days. Has participated in a treatment program or is willing to do so. Does not currently have any unmanaged serious physical or mental health problems. Is willing to participate in all aspects of mandatory programming and abide by house policies. Resident does not have existing or pending criminal charges which may pose risk to other residents and community.

Del Art Recovery Home (Male Residence)

Address: 102 Government Road, Keewatin Ontario P0X 1C0

Phone: (807) 547-3444

Contact Person:

Executive Director: Connie Gates

Finance Administrator/Assistant: Shelly Smith

Service Description/Program Provided:

Del Art Manor is a residential recovery facility for men with addictions. The primary purpose is to provide a safe environment for men as they continue their recovery process. The program is designed for three to six months in residence during which time we strive to help the residents in the following areas:

- Gain self esteem
- Recognize and express needs
- Cultivate healthy social, emotional, physical and spiritual practices, form healthy relationships
- Develop tools to maintain sobriety and/or remain drug free in the community
- Individual supportive counselling individualized program plans
- Onsite weekly Twelve Step meetings
- Life skills training, recreation and leisure
- Referrals/linkages to community resources

Who is Eligible?

Eighteen years of age or older that demonstrates a level of dependence on alcohol and /or drugs which indicates an inability to remain abstinent in any other type of community based program. Currently living circumstances are a barrier to the establishment or maintenance of long term abstinence. Able to express a dissatisfaction with the current lifestyle and indicates desire to change. Client must be detoxified from alcohol or other mood altering drugs a minimum of three to five days. Has participated in a treatment program or is willing to do so. Does not currently have any unmanaged serious physical or mental health problems. Is willing to participate in all aspects of mandatory programming and abide by house policies. Client does not have existing or pending criminal charges which may pose risk to other residents and community.

Migisi Alcohol & Drug Abuse Treatment Centre

Address: P.O. Box 1340, Kenora Ontario, P9N 3X7

Phone: (807) 548-5959

Toll Free: 1-888-223-2284

Fax: (807)548-2084

Email: migisi@northone.ca

Contact Person:

Executive Director: Reuben Wasacase

Service Description/Program Provided:

Alcohol and drug treatment Centre in a fourteen bed facility that runs a four week residential program to guide and support Aboriginal people in their journey towards a holistic way of life.

Components include:

- A combination of Life Skill
- A.A.
- 12 step philosophy and traditional teachings of the Anishinabe people
- Individual and group counselling
- Individual treatment planning
- Psychological assessment and testing, education assessment, education and awareness of the process of addiction
- Anishinabe traditional resources: holistic healing, sweat lodge ceremonies, feasts, Pow-Wows and therapeutic recreational activities.

Who is Eligible?

Any Aboriginal person who is 19 years or older, is abstinent from alcohol and drugs for a minimum of ten days and is willing to enter into an agreement to abide by house rules and expectations, and admissions is voluntary.

Morning Star Detox Centre

Address: 6 Matheson Street South, Kenora Ontario, P9N 1T5

Phone: (807)468-5749

After Care Support Line Toll Free: 1-800-405-7473

Fax: (807) 468-3363

Contact Person:

Program Manager: Patti Dryden-Holstrom

Service Description/Program Provided:

Alcohol and drug withdrawal management. 40 bed, non medical care and observation unit offering safety, monitoring, counselling, pre-treatment, referrals.

Phase I: 24 hour acute facility for detoxification.

Phase II: 72 hour recovery from withdrawal, contemplation and planning for future recovery.

Phase III: 10 days of preparation for further treatment or a community based recovery programs.

- Entry assessment, community treatment which includes medical addiction assessment and education
- 24 hour/7 days a week, every day of the year care
- 5 day stabilization Program
- Compassionate and safe management of chemical withdrawal
- Effective support and motivational counselling
- Referrals to treatment centres
- Co-ordinate individual counselling and group activities through the addiction system
- Telephone support for crisis and relapse prevention.
- Harm reduction strategies, aftercare and support
- Methadone treatment

Who is Eligible?

Any individual 16 years and older seeking assistance for alcohol or chemical abuse.

Methadone Program Medically Enhanced Co-ordinated Care for Addictions (M.E.C.C.A.)

Service Description/Program Provided:

M.E.C.C. Program provides a Harm Reduction Treatment team approach.

- Comprehensive medical assessment
- Psychosocial assessment
- Multidisciplinary treatment planning
- Counselling/support/case management
- Referral services
- Residential stabilization for initial treatment coordinated with Morningstar when required

- On going treatment

Who is Eligible?

If you are physically dependent on at least one form of opiate (like heroine, codeine, morphine, oxycontin) and you have tried other possible treatments and have been unsuccessful.

SECTION
X
YOUTH
SERVICES

Anishnaabe Abinojii Family Services

Address: 20 Main Street South, Kenora, Ontario, P9N 1S7

Phone: (807) 468-6224

Toll Free: 1-807-420-9990

Fax: (807) 468-6643

Contact Person:

Director of Services: Sherry Copenace

Phone: (807) 468-6554

Investigation & Assessment Resource Manager: Sean Spencer

Phone: (807) 468-6554

After Hours Coordinator: Jessica Jamieson

Legal Coordinator: Mary Ann Houle

Agency Trainer: Rozanna Redsky (807) 468-8791

First Nation Team Managers:

Grassy Narrows: Sylvia Pahpasay (807) 925-2525

Shoal Lake #40/Dalles/Washagamis Bay: Doreen Parmeter

Whitedog: Mable Mandamin (807) 927-2222

Whitefish Bay: Carmen Bird (807) 226-2844

Wabigoon/Eagle Lake/Wabauskang: Karen Taylor

Service Description/Programs Provided:

Investigation of allegations or evidence that children under the age of sixteen may be being abused or be at risk of being abused or neglected. They provide protection, guidance and other services to families for protecting children. Providing services to children under the care and supervision of the agency.

When there is a serious risk of abuse or neglect, children maybe moved to place of safety. Some may be placed with relatives or friends and some may remain under the supervision of the agency. Children who remain under the care of the agency are placed in foster homes which are geared to there need. Foster families are able to provide care and understanding to children during a family's time of crisis. Most often these placements are temporary as the goal of the agency is to return the child to their family who will have been assisted to become healthy by the agency.

- Child protection up fifteen years of age
- Alternative Care (Foster care, Group care, AOH, one to one)
- After Hours/On Call Services
- Family Prevention Services
- Independent Living Program

1. Kenora Agency Operated Housing (AHO's – 10 residences in Kenora District)

Contact Person:

Kenora Area Foster Care /1-1/AOH Manager: Sandy Carlson

Who is Eligible?

Children under the age of 16 who are in immediate danger of being abused or neglected as well as families experiencing difficulties in caring for their children who are clients residing in the First Nations of Rat Portage, Washagamis Bay, Dalles, Whitefish, Northwest Angle #33, Shoal Lake #40, Grassy Narrows, Whitedog, Eagle Lake, Wabigoon, and Waubaskang, or any band members of the above named First Nations within the Kenora District, including the cities of Kenora and Dryden.

2. Community Support & Prevention Services

Address: 610 Lakeview Drive 2nd Floor, Kenora, Ontario P9N 3P7

Phone: (807) 468-8791

Toll Free: 1-877-468-8791

Fax: (807) 468-7960

Contact Person:

Director of Services: Tina Copenace

Service Description/Programs Provided:

The community support and prevention service is primarily geared towards prevention and early intervention for First Nation children and their families, as well as the strengthening of community capacity through the restoration and enhancement of positive and healthy lifestyles, relationships and traditional Anishnaabe healing principles.

- Learning cultural activities & values
- Recreation activities
- Fundraising – raffles, flea markets
- Parenting groups/programs – youth , men & women
- Networking with programs within First Nation for unique individual family goals.
- Circles, support groups & Self help
- Crisis support and family support services
- Referrals – court, transportation & traditional healing
- Advocacy upon request
- Workshops, education, health
- Addictions
- Life skills
- Home visits
- Counselling and family planning
- Social activities

Who is Eligible?

We are a voluntary Prevention Services program and accept referrals from Anishnaabe Abinooji Child and Family Services, Kenora Patricia, Healthy Babies, Doctor's, etc. as well as self-referrals.

Clients residing in the First Nations of Rat Portage, Washagamis Bay, Dalles, Whitefish Bay, Northwest Angle #33 & #37, Shoal Lake #40, Grassy Narrows, White Dog, Eagle Lake, Wabigoon, and Waubaskang, Lac Seul, Wabaseemoong, Iskatwizaagegan #39.

Canadian Military “Bold Eagle

Address: 800-11th Avenue. North, Kenora, Ontario P9N 3W9

Phone: (807) 468-6749

Toll Free: 1-866-462-2769

Fax: (807) 3754

Contact Person:

Army Reserve Recruiter: Lynn Danielson

Service Description/Programs Provided:

The inclusion of Aboriginal cultural activities is a key component to the success of Bold Eagle. Candidates have the opportunity to visit friends and family during attendance at a Powwow.

- **The cultural Camp**

The culture camp is conducted by Elders of different First Nations and Aboriginal groups, and focuses on common spiritual beliefs. The Camp is designed to be beneficial to youth from all backgrounds, and ease the transition from all backgrounds, and ease the transition from civilian to military lifestyles.

- **Military Recruit Training**

Recruits are enrolled in the Canadian Forces at the start of their training. The course is the standard Army Reserve Basic Military Qualification. It is taught by military personnel.

Subjects include General Military knowledge, Weapons handling, and Survival skills. The importance of Teamwork is stressed throughout.

Who is Eligible?

16 years of age or older, have grade 10 or equivalent, require parental or legal guardian consent if under 18, be a member of a recognized Aboriginal group in Canada, be a Canadian citizen and be physically fit.

Child Development Centre

Address: 820 Lakeview Dr. Kenora Ontario, P9N 3P7

Phone: (807) 467-5431

Fax: (807) 467-5553

Contact Person:

Executive Director: Barb Penner

Program Manager: John Baker

Phone: (807) 467-5412

Service Description/Programs Provided:

Child and Family Intervention Services:

Aimed at helping individuals and families cope with problems in living; from life transitions to crisis and trauma. Psycho-social assessments for traumatisation, violence risk, impact of abuse victimization and young offender evaluations available.

Interventions include play therapy and counselling. Peer interaction, emotional/social/behavioural consultations, referrals to other service providers, education/information on child development, and parenting courses are also offered.

Canada Prenatal Nutrition Program:

Designed to help pregnant women at risk for a low birth weight baby due to financial, social or lifestyle risks. The activities offered may include nutrition classes; well baby clinics, support meetings and infant care information. Prenatal support for parents, childbirth information, and prenatal parent education/training, and breastfeeding promotion/support, lifestyle counselling for expectant parents, and nutrition advice for pregnant mothers is also available. There is no charge for these services.

Phone: (807) 467-2765

Child Development Services:

Offered by a multidisciplinary team to infants, children and youth with physical, development, communication, or multiple special needs to help them achieve their potential, develop independence, and enrich the quality of their lives. Service delivery includes assessment, speech/language assistance, family literacy/numeracy programs, and consultation with schools, childcare and agencies, referral and coordination of specialized mobility, wheelchair and communication equipment, physiotherapy and occupational therapy.

Mom and Me, Abuse Free

- A 10-week concurrent group program for children and their mothers who have experienced domestic violence. A chance to assist mother's in understanding how violence has impacted their children and how best to respond to their children's needs. Moms must have custody of their children to participate. Assistance with transportation and childcare is provided.

Ontario Early Years Centre:

- **Kenora Public Library**

Address: 24 Main Street, Kenora, Ontario P9N 1S7

Phone: (807) 467-5530

Fax: (807) 467-2085

- **Minto Area Parent-Child Resource Centre**

26-1181 Minto Avenue, Kenora, Ontario P9N 3K1

Phone: (807) 468-3161

Leanne Mineault at (807) 467-5404

Minto Girls Group: A prevention group for girl's ages 9-12 focused on information sharing versus therapeutic services with the importance of mental and physical health emphasized.

Service Description/Programs Provided:

Core services such as early activities, parent/caregiver education and support, information on local community services, early literacy, language development and outreach services are offered to families with children ages zero to six.

Creighton William W. Youth Services

Contact Person:

Community Support Worker: Jack Martin

Email: jmartin@creightonyouth.com

Address: 243 Rabbit Lake Road, Kenora, Ontario, P9N 4L8

Phone: (807) 548-2835

Toll Free: 1-877-548-2837

Fax (807) 548-2838

Web site: www.CreightonYouth.com

Manager of Residential Services: Sheri Norlen

Address: 436 Rabbit Lake Road, Kenora, Ontario, P9N 4L8

Phone: (807) 548-8859

Service Description/Programs Provided:

All Community Support Team involvements with youth are intended to achieve two goals:

1. To empower the youth to take responsibility for themselves and their behaviour.
2. To teach skills that will assist the youth in making more thoughtful, responsible decisions in the future.

The approach utilized is based on the premise of what is most likely to make a positive difference for the particular individual. Both case management and/or counseling roles may be assumed by CST staff, depending on the needs of the youth. Integral to the Creighton philosophy is the belief that Cognitive behavioural approaches that address thinking errors, false beliefs and cognitive distortions, have proven to be the treatment of choice for youth in conflict with the law. Psychological assessment and consultations are also made available through the Community Support Team.

Program Description:

In order to address the needs of young persons in this service, the CST will provide a variety of individual and where feasible, group programs. These include cognitive-based interventions designed to address criminogenic needs in risk areas such as: anger management, victim awareness and sexual offences. Gender specific program will be offered for females and males. Family counseling is an integral part of the focus on reducing youth crime recidivism. Appropriate referrals for specialized treatment will be supported.

Who is Eligible?

William W. Creighton Youth Services is mandated to provide youth justice services under the Child and Family Services Act (Ontario) and the Youth Criminal Justice Act (YCJA). The target population is youth whose offence is committed between 12 and 18 years of age. Our focus is on Protection of the Public (Caring for Community) and Effective Rehabilitation (Caring for Kids)

The services provided are designed to address youth needs that are directly linked to continued criminal behaviour. Youth are supported and challenged to assume responsibility for personal behaviour and to bring about change in thinking patterns that may lead to further criminal involvement.

Kenora Patricia Child and Family Services

Address: 820 Lakeview Drive, Kenora Ontario, P9N 3P7
Phone: (807) 467-5437 (24 hours) Anishnaabe Abinooji staff on call
Fax: (807) 468-5439
Email: info@kpcfs.com

Contact Person:

Executive Director: William (Bill) Leonard
Phone: (807) 467-5509 or cell (807) 467-7281

1. Birchcliff Group Home Complex

Address: 2100 Coker Road, Kenora Ontario, P9N 4N4
Phone: (807) 467-5574
Coordinator: Muriel Sniel
Phone: (807) 467-5462 or (807) 548-7513
Supervisor: Carmen Marginet

2. Kenora Agency Operated Housing (AHO's – 9 residences in Kenora/Keewatin)

Contact Person:

Supervisor: Ted Carey
Phone: (807) 467-5545
Coordinator: Bronwen Manicone
Phone: (807) 467-5469
Social Worker: Dee Pearson
Phone: (807) 467-5437

3. Kenora Intake Unit – child abuse/protection investigation

Phone: 24 hour service (807) 467-5437

Contact Person:

Supervisor: Ramona Barclay
Phone: (807) 467-5465
Social Workers: Cyndy Phillips, Anna Marie Doyle, April Medwechuk
Phone: (807) 467-5437

Service Description/Program Provided: Protection of children who are at high risk of being abused, are abused or neglected. Family counselling and support services to prevent children being placed out of home. Reintegrate children back into the family if removed. Make referrals to appropriate agencies and to help to resolve adolescent/parent conflict.

- Services to strengthen families to care for their children
- Homemaker and Parent Aid Services

- Client Advocacy
- Placement of children for adoption
- Helping adolescents move to independence
- Providing counselling and care due to developmentally challenged children
- Recruiting, training, orienting, and supporting foster parents
- Supporting and counselling adoptive parents
- Assisting adult adoptee search for parents

Who is Eligible?

Any child under the age of 16 years who is in immediate danger of being or who has been abused or neglected, as well as any family experiencing difficulties caring for their children. Adolescents over the age of 16 years seeking independence.

Kids Help Line

Phone: (416) 586-5437 Ext. 8974

Toll Free 1-800-668-6868

Website: www.kidshlpphone.ca

Website: www.kidshelp.sympatico.ca

Email: info@kidshelp.sympatico.ca

Service Description:

Kids Help Phone is Canada's only toll-free, national, bilingual, phone and web counseling, referral and information service for children and youth. We provide immediate anonymous and confidential support, 24 hours a day, 365 days a year.

Staffed by trained professional counselors with a wide variety of backgrounds including social work, psychology, sociology, and child and youth services, Kids Help Phone helped Canadian kids in need from almost 3,000 communities more than 2.2 million times on the phone and online in 2008.

Who is Eligible?

Children and teenagers.

NE-Chee Friendship Centre

Urban Multipurpose Aboriginal Youth Centre

Address: 1303 Railway Street, Kenora, Ontario, P9N 3X3

Phone: (807) 468-5440

Fax: (807) 468-5340

Email: youth@nechee.org

Contact Person:

Youth Workers: Sunny Copenace, Cindy Piche, Kristen Mandamin

Service Description/Programs Provided:

- To provide Aboriginal youth with a forum to exercise responsibility and decision making towards helping themselves.
- To provide Aboriginal youth with healthy and safe sports and recreational activities.
- To assist the Aboriginal youth to strengthen and regain a positive strong cultural identity.
- To support and encourage Aboriginal youth towards successful achievement of educational, career and employment.
- To actively assist Aboriginal youth in creating better relations with parents, friends, family, and community.

Who is Eligible?

Project activities will be targeted towards Aboriginal youth between the ages of 15 to 24. Under special circumstances, Aboriginal youth aged 10 to 14 are also welcome to attend programming.

Program is FREE and FREE transportation is available if needed.

1. Wasa-Nabin

Contact Person:

Wasa-Nabin Youth Worker: Rachelle Langois

Email: wasa-nabin@nechee.org

Service Description/Programs Provided:

- **Youth in Care:**
Program activities incorporate Aboriginal culture and are available to youth in care who may not have access to culturally appropriate activities.
- **Healthy Eating and Physical Development:**
The Wasa-Nabin Program provides youth with the opportunity to make healthy meals, education on nutrition, and a safe environment to participate in physical activities.
- **Education:**
Youth will receive support in homework and attendance. The program will develop activities which will encourage positive relationships toward peers and authorities.

- **Justice Interventions:**
The program will provide support to court involved youth. To provide the OFIFC has developed an approach known as “Streetwolf - Then Seven Principles of Leadership” that will be based on the Seven Grandfather Teaching’s.
- **Addressing Violence:**
Violence in communities and families affects many Aboriginal youth; to address this issue the Wasa-Nabin Program will provide programming on positive roles, relationships, self-esteem, etc.

Who is Eligible?

The program has been designed to provide a wide range of culturally appropriate activities for urban Aboriginal youth ages 13 to 18 years.

Program is FREE and FREE transportation is available if needed.

2. Akwe:Go

Contact Person:

Akwe:Go Children’s Program: Tanis Thompson, Karen Gordon

Email: akwego@nechee.org

Service Description/Programs Provided:

- One to one counselling
- After school tutoring
- Hands on learning activities such as; reading, games, colouring, etc.
- Cultural arts and crafts such as; beading, making drums, dream catchers, ceramic, etc.
- Cultural activities and events such as; sweats Pow-Wows and drum nights.
- Elder teachings on the Seven Grandfather teachings, sweats, smudging, moon time, offering of tobacco and gifts, etc.
- Additional guests speakers such as; Dieticians, Health Nurses, Police, and other service providers to provide children and parents with more awareness on various topics.
- Recreational and sporting activities such as; movie nights, gym nights, bowling, swimming, skating, sliding, etc.

Who is Eligible?

The Akwe:Go program has been specifically designed to provide a comprehensive program to urban Aboriginal children between the ages of 7 to 12 years.

Northern Youth Centre & Kenora Attendance Centre

Address: P.O. Box 391, Muriel Lake Road, Kenora, Ontario P9N 3X4

Phone: (807) 543-2815

Fax: (807) 543-2770

Web Site: www.wjsgroup.com

Contact Person:

Program Director: Steve Quin

Youth Worker: Louise Dickson

Setterland Open Custody

Program Director: Charlene Wilson

Address: 133 Miller Road, Kenora Ontario, P9N 3W7

Phone: (807) 548-4720

Fax: (807) 548-8417

Other Phone: (807) 548-8088

Service Description/Programs Provided:

Offers an array of services designed to reunite and strengthen families and youth by providing them with specialized supports, linking them to communities, and establishing long term natural supports. These services can include:

- Intensive support and supervision
- Alternate living situations
- Open custody centers
- Emergency interventions
- Individual, group and family counseling.

Our service approach is collaborative, holistic and seamless, with a strong focus on community. Planning is unique in each situation, and services respect the values, cultural diversity and needs of the child, youth and/or family. We encourage family and stakeholder involvement, and we encourage members of each child or youth's support group to contribute to person-centered and program planning as appropriate, participate in advisory panels and focus groups, and complete regular stakeholder satisfaction surveys.

- **Integrated:** based on integrated case management, natural networks and coordination for transition.
- **Outcome Based:** positive individual outcomes for youth as well as outcomes that are important for the community.
- **Goal Focused:** a goal oriented approach that recognizes that goals must be important to the persons receiving services
- **Competency Based:** services are assessment driven and focus on individual strengths of the youth and family.

Who is Eligible?**Referrals**

Service recipients are referred by social workers and probation officers responsible for case management. Information about the youth is reviewed initially by the program manager and later with the staff team. Where possible, the youth comes to the program for an orientation meeting. Referrals are based on available space, compatibility with existing service recipients, and any legal restrictions.

Triple P.L.A.Y. (Positive Leisure Activities for Youth)

Address: PO Box 2913, Kenora, Ontario P9N 4C8

Phone: (807) 466-2785

Fax: (807) 467-2132

Email: tripleplay@kmts.ca

Website: www.mykenora.com/tripleplay

Contact Person:

Program Coordinator: Tanya Watts

Triple P.L.A.Y. is sponsored by the Lake of the Woods Child Development Centre. Applications may be picked up at the Kenora Recreation Centre, Keewatin Arena, Public Libraries, Ontario Works office, and at all area schools.

Service Description/Programs Provided:

Triple P.L.A.Y. is a local program fund that gives Kenora & area kids the opportunity to participate in recreation and leisure activities, and arts and cultural activities offered in the community.

We help families cover the costs of registration fees, equipment, and transportation to ensure that every child has the chance to reach their full potential.

Triple P.L.A.Y. also establishes partnerships with local volunteers to provide additional special activities that give children experiences they may not get otherwise. Examples include Take-A-Kid Fishing Day, Circus Camp, Camp Stephen's and Horsing Around Day. Triple P.L.A.Y. is growing and continues to enhance the lives of about 550 children in the Kenora area. Requests for financial assistance from local families is increasing; but there are still many kids who are missing out on opportunities due to the fact that their family cannot afford all or part of the costs involved with organized leisure activities. The average cost to support one child is \$400.

Who is Eligible?

Access for all local children and youth up to the age of 19 years in the City of Kenora and neighbouring First Nations communities.

Youth Addictions Program Addiction Services Kenora (ASK)

Address: 12 Main Street South, Kenora Ontario, P9N 1S7

Phone: (807) 467-3575

Fax: (807) 468-6093

Contact Person:

Program Manager: Patti Dryden-Holmstrom

Social Worker: Hilary Jackson

Service Description/Programs Provided: To improve the quality of life of people and families living in Kenora and surrounding area through the reduction and elimination of the harm caused by addiction. Community based outpatient service that provides treatment to individuals, families, and support for other professionals.

- Addiction assessments and referral
- Community based treatment
- Individual and group counselling
- School based programs
- Relapse prevention support
- Support for family members or persons affected by the addictions of others
- Workshops and community presentations
- Information services to other agencies, schools, and medical professionals
- Parent consultation
- Support to clients in the criminal justice system

Who is Eligible?

Youth 12 to 24 years of age who are concerned about their own alcohol and/or drug use or are affected by someone else's substance abuse.

Youth Justice Services-Youth Probation and Parole

Address: 610 Lakeview Drive, Kenora, Ontario P9N 3P7

Phone: (807) 468-2975

Fax: (807) 468-2981

Contact Person:

Manager: Stephen Mitchell

Service Description/Program Provided:

- Parole is the early release of an offender from prison under the supervision of a parole officer. Only a Parole Board can make decisions about parole.
- Probation is a sentence to community supervision imposed by a judge.
- Provide social services to assist in rehabilitation of law offenders in custody or on probation or parole. Make recommendations for actions involving formulation of rehabilitation plan and treatment of offender, including conditional release and education and employment stipulations.